39th Annual
Dorothy B. Kaufmann
Lectureship
Philadelphia, PA
Saturday, December 5, 2015

Gaining the Upper Hand – Current Topics in Hand Rehabilitation

Honored Professor
Karen S. Schultz, MS, OTR, FAOTA, CHT

Sponsored by: Hand Rehabilitation Foundation
7 Contact Hours
Gaining the Upper Hand – Current Topics in Hand Rehabilitation

**Honored Professor**
Karen S. Schultz, MS, OTR/L, CHT, FAOTA

**Program:**

8:30 am  Welcome and Introduction - Terri M. Skirven, OTR/L, CHT

8:45 am  Clinical examination of the hand: the foundation for practice: what’s valid and reliable? - Karen Schultz, MS, OTR, FAOTA, CHT

9:15 AM  Discussion

9:30 AM  The PIP: a high maintenance joint – anatomy and pathomechanics of contracture - TBD

10:00 AM  BREAK/Q & A

10:15 AM  PIPJ Serial Casting: overview, materials, indications, pearls and pitfalls - Karen Schultz, MS, OTR, FAOTA, CHT

10:45 AM  The relative motion concept (relative to the PIP) – Terri Skirven, OTR/L, CHT

11:15 AM  Lab/demonstration: Serial casting for PIPJ contractures/relative motion orthoses – Terri Skirven/Karen Schultz

12:30 pm  Lunch Program: ASHT Clinical Assessment Recommendations - online content

1:30 pm  The patient in emotional crisis – management strategies – Karen Schultz, MS, OTR, FAOTA, CHT

2:00 pm  Discussion/Q & A

2:15 PM  Joint Play in Motion: overview and lab – Karen Schultz, MS, OTR, FAOTA, CHT

4:15 PM  Q & A/BREAK

4:30 PM  Techniques and procedures I no longer do/Mistakes I have made and learned from – Karen Schultz MS, OTR, FAOTA, CHT

5:00 PM  Adjourn

**Karen S. Schultz, MS, OTR, FAOTA, CHT**

Karen received her Master's in OT from California State University San Jose. She became an active member of the American Society of Hand Therapists (ASHT) in 1983 and a Certified Hand Therapist in 1991—the first year a therapist could certify. She participated on the ASHT board for 9 years and on the Journal of Hand Therapy editorial board for 3 years.

She is currently senior consulting hand therapist of KSHULS (Karen Schultz Hand and Upper Limb Strategies), her education/consulting company and serves as president of UE TECH Inc. a company that designs and distributes products for upper limb rehabilitation.

Karen is a gifted and engaging educator and has lectured nationally and internationally and published articles, chapters and monographs on a wide range of upper limb rehabilitation topics including upper limb anatomy, evaluation, splinting, work programs and cumulative trauma disorders.


**Location:**  Drexel University  Stiles Hall, Multipurpose Room  325 N. 15th St.  Philadelphia, PA 19102

*visit www.handfoundation.org to obtain map and hotel information*

**Registration Form**

Please print:

Name______________________________________________  Credentials__________________________

Address_______________________________________________________________________________

City/State/Zip___________________________________________________________________________

Email__________________________________________________________________________________

Daytime Phone ___________________________________  Fax ________________________________

Amount Enclosed $__________________________

Expiration Date ____________________________  Security Code__________________________

Name on Credit Card ____________________________

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**Registration** – registration fee is $300 - includes breakfast, break and program.  
**Register online** at:  www.handfoundation.org  – go to ‘conferences’ and click on ‘register for upcoming events’

**Payment** – Make checks payable to Hand Rehabilitation Foundation.  Payment must accompany registration.  Mail or fax registration form to:  
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