TWELFTH ANNUAL
Upper Extremity Tutorial Course
The Viceroy Hotel
Snowmass Village, Colorado
February 7-11, 2016

Reconstructive Surgery of the Shoulder, Elbow and Wrist
An intimate didactic and hands-on laboratory course with limited registration

Presented by: Hand Rehabilitation Foundation
Sponsored by: University of Colorado School of Medicine Office of Continuing Education
Endorsed by: American Association of Hand Surgery
**DAY 1 | SUNDAY, FEBRUARY 7 | WELCOME**

*Soft Tissue Reconstruction*  
**Moderator:** Mark D. Lazarus, MD  
Registration 4:00 – 8:00 pm

- **4:30** Welcome  
  A. Lee Osterman, MD
- **4:35** Managing Biceps/Labral Complex Pathology – Fix, Cut or Tenodese?  
  Neal C. Chen, MD
- **4:55** Questions/Discussion
- **5:00** How-to Video: Tenodesis Techniques – Arthroscopic PITT and Interference Screw, Open Pectoral  
  Kevin D. Plancher, MD
- **5:10** The Irreparable Rotator Cuff Tear  
  - Arthroscopic Management:  
    Mark D. Lazarus, MD
  - Muscle Transfer:  
    Mark E. Baratz, MD
  - Graft Reconstruction:  
    Scott P. Steinmann, MD
  - Reverse TSA:  
    Thomas W. Wright, MD
- **6:00** How-to Video: Arthroscopic Transosseous Rotator Cuff Repair  
  Mark D. Lazarus, MD
- **6:10** Questions/Discussion

*Opening Reception 6:30 – 8:00 pm*

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**SCHEDULE IS SUBJECT TO CHANGE**

Please visit [handfoundation.org](http://handfoundation.org) for updates

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**DAY 2 | MONDAY, FEBRUARY 8 | MORNING SESSION**

*Fracture/Dislocations*  
**Moderator:** N. Lindsay Harris, MD

- **6:00** Continental Breakfast
- **6:30** When and How to Fix the Displaced Mid-Shaft Clavicle Fracture  
  Jesse B. Jupiter, MD
- **6:40** Questions/Discussion
- **6:45** Grade III A-C Separation – To Fix or Not to Fix? That is the Question  
  Benjamin Sears, MD
- **6:55** Questions/Discussion
- **7:00** Strategies for ORIF of Displaced Proximal Humeral Fractures  
  Mark D. Lazarus, MD
- **7:10** Questions/Discussion
- **7:15** How-To Video: Direct Lateral Approach for ORIF of Proximal Humeral Fractures  
  Tito J. Liotta, MD
- **7:25** Questions/Discussion
- **7:30** Treatment of the Unrepairable Proximal Humeral Fracture  
  - Hemiarthroplasty:  
    Scott P. Steinmann, MD
  - Reverse:  
    Thomas W. Wright, MD
- **7:50** Questions/Discussion
- **8:00** Reverse Shoulder for Proximal Humeral Fracture  
  Thomas W. Wright, MD
- **8:15** Questions/Discussion
- **8:30** Therapy Breakout Session I: Shoulder Rehabilitation: Tricks of the Trade  
  **Speakers:** Neal C. Chen, MD; Scott P. Steinmann, MD;  
  Jason A. Suda, MS, OTR/L, CHT; Terri L. Wolfe, OTR/L, CHT
- **8:50** Questions/Discussion
- **9:00** Reverse Shoulder for Proximal Humeral Fracture  
  Thomas W. Wright, MD
- **9:15** Questions/Discussion
- **9:30** Howskills Lab A – (not for CME) Skeletal Dynamics
- **10:30** Recess

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**DAY 2 | MONDAY, FEBRUARY 8 | AFTERNOON SESSION**

*Symposium: Shoulder Free-for-All – Anything Goes!*  
**Moderator:** Neal C. Chen, MD

- **4:00** Symposium: Shoulder Free-for All – Anything Goes!  
  **Moderator:** Neal C. Chen, MD  
  **Panelists:** N. Lindsay Harris, MD; Mark D. Lazarus, MD; Benjamin Sears, MD;  
  Scott P. Steinmann, MD; Thomas W. Wright, MD
- **5:15** Therapy Breakout Session II: Shoulder Evaluation  
  **Speakers:** Neal C. Chen, MD; Mark D. Lazarus, MD; Jason A. Suda, MS, OTR/L, CHT;  
  Terri L. Wolfe, OTR/L CHT

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The schedule is subject to change. Please visit [handfoundation.org](http://handfoundation.org) for updates.
## Day 3 | Tuesday, February 9 | Morning Session

### The Athlete’s Elbow
**Moderator:** Mark E. Baratz, MD

- **6:30** Continental Breakfast
- **7:00** Acute MCL in the Throwing Athlete  
  *Mark E. Baratz, MD*
- **7:15** Chronic LUCL Wrestler  
  *Scott P. Steinmann, MD*
- **7:30** OCD Lesion in a Gymnast  
  *Michael R. Hausman, MD*
- **7:45** Ruptured Biceps in a Weightlifter  
  *Graham J. W. King, MD, FRCSC*
- **8:00** Triceps Injury  
  *Kevin D. Plancher, MD*
- **8:15** Therapy Breakout Session III: Elbow Anatomy Dissection  
  **Speakers:** Kevin D. Plancher, MD; Scott P. Steinmann, MD; Jason A. Suda, MS, OTR/L, CHT; Terri L. Wolfe, OTR/L, CHT
- **8:15** Bioskills Lab D – (not for CME) Skeletal Dynamics
- **9:15** Recess

## Day 3 | Tuesday, February 9 | Afternoon Session

### Elbow Fractures and Instability
**Jesse B. Jupiter; Douglas P. Hanel, MD**

- **4:00** Severe Elbow Instability: The Need for Stability  
  *Jorge L. Orbay, MD*
- **4:10** PANEL: Simple Elbow Fractures That Aren’t  
  **Panelists:** Julie Adams, MD; Michael R. Hausman, MD; Graham J. W. King, MD, FRCSC; Jorge L. Orbay, MD; Kevin D. Plancher, MD; Scott P. Steinmann, MD
- **5:15** Therapy Breakout Session IV: Elbow Rehabilitation (including splint lab)  
  **Speakers:** Julie Adams, MD; Michael R. Hausman, MD; Jason A. Suda, MS, OTR/L, CHT; Terri L. Wolfe, OTR/L, CHT
- **5:15** Bioskills Lab E – (not for CME) A. M. Surgical
- **7:00** Faculty dinner @ 7:00 pm – ALO HOUSE

## Day 4 | Wednesday, February 10 | Morning Session

### Battle of The Titans
**Moderator:** Scott P. Steinmann, MD

- **6:00** Continental Breakfast
- **6:30** Battle of The Titans  
  **Moderator:** Scott P. Steinmann, MD
  **Team A** – Julie Adams, MD; Mark E. Baratz, MD; Michael R. Hausman, MD; Graham J. W. King, MD, FRCSC
  **Team B** – Douglas P. Hanel, MD; Jesse B. Jupiter, MD; Jorge L. Orbay, MD; A. Lee Osterman, MD; Kevin D. Plancher, MD
- **8:00** Therapy Breakout Session V: Pertinent Wrist Anatomy  
  **Speakers:** Daniel J. Nagle, MD; Jason A. Suda, MS, OTR/L, CHT; Scott W. Wolfe, MD; Terri L. Wolfe, OTR/L, CHT
- **8:00** Bioskills Lab F – (not for CME) Trimek, Inc.
- **9:00** Recess

## Day 4 | Wednesday, February 10 | Afternoon Session

### Distal Radius Fracture: From Simple to Complex-An Ombudsman Panel
**Moderator:** Jesse B. Jupiter, MD; A. Lee Osterman, MD

- **4:00** Distal Radius Fracture: From Simple to Complex-An Ombudsman Panel  
  **Moderators:** Jesse B. Jupiter, MD; A. Lee Osterman, MD
  **Case 1** – Daniel J. Nagle, MD
  **Case 2** – John S. Taras, MD
Case 3 – Douglas P. Hanel, MD  
Case 4 – Jorge L. Orbay, MD  
Case 5 – John D. Lubahn, MD  
Case 6 – Amy L. Ladd, MD  
Case 7 – Robert J. Medoff, MD  
Case 8 – Mark E. Baratz, MD  
Case 9 – T. Greg Sommerkamp, MD  
Case 10 – Scott W. Wolfe, MD

5:30  Bioskills Lab G – (not for CME)  Check online for updated lab schedule

5:30  Therapy Breakout Session VI: Tendon Dissection, Repair and Rehabilitation  
Speakers: Mark E. Baratz, MD; Jason A. Suda, MS, OTR/L, CHT; John S. Taras, MD; Terri L. Wolfe, OTR/L, CHT

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**DAY 5 | THURSDAY, FEBRUARY 11 | MORNING SESSION**

**Carpal Injury Revisited**  
**Moderator:** Mickey J. V. Gordon, MD

6:00  Continental Breakfast

6:30  Malunions of the Distal Radius – My Approach  
Jorge L. Orbay, MD

6:45  Chronic Scapholunate Instability: An Algorithm for Success  
Scott W. Wolfe, MD

7:00  Solving Carpal Injuries One Bone at a Time- An Ombudsman Panel  
**Moderators:** Mark E. Baratz, MD; A. Lee Osterman, MD

Case 1 – Mark S. Rekant, MD  
Case 2 – Amy L. Ladd, MD  
Case 3 – T. Greg Sommerkamp, MD  
Case 4 – Douglas P. Hanel, MD  
Case 5 – Robert J. Medoff, MD  
Case 6 – Jesse B. Jupiter, MD  
Case 7 – Michael R. Hausman, MD  
Case 8 – Daniel J. Nagle, MD  
Case 9 – John D. Lubahn, MD  
Case 10 – Julie Adams, MD

8:00  Therapy Breakout Session VII: Wrist Rehabilitation(including splint lab)  
**Speakers:** Julie Adams, MD; Amy L. Ladd, MD; Jason A. Suda, MS, OTR/L CHT; Terri L. Wolfe, OTR/L, CHT

8:00  Bioskills Lab H – (not for CME) Skeletal Dynamics

9:00  Recess

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**DAY 5 | THURSDAY, FEBRUARY 11 | AFTERNOON SESSION**

**Ulnar Wrist Pain**  
**Moderators:** Daniel J. Nagle, MD; Mark S. Rekant, MD

4:00  Ulnar Wrist Pain  
**Moderators:** Daniel J. Nagle, MD; Mark S. Rekant, MD

Case 1 – A. Lee Osterman, MD  
Case 2 – Amy L. Ladd, MD  
Case 3 – John S. Taras, MD  
Case 4 – Douglas P. Hanel, MD  
Case 5 – Mickey J. V. Gordon, MD

4:30  Four-Corner Arthrodesis: When and How I Do It  
Mark E. Baratz, MD

4:45  Proximal Row Carpectomy: No Corners is Better than Four Corners  
Mark S. Rekant, MD

5:00  Wrist Tendonitis 20/20: 20 Questions and 20 Answers  
A. Lee Osterman, MD

6:00  Closing Remarks

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**SCHEDULE IS SUBJECT TO CHANGE**  
Please visit handfoundation.org for updates
REGISTRATION FORM | Reconstructive Surgery of the Shoulder, Elbow and Wrist

The Viceroy Hotel
February 7 -11, 2016

Name badge will appear exactly as entered below

Name ____________________________
Degree/Credentials ____________________________
Address ____________________________
City/State/Zip ____________________________
Telephone ____________________________
E-Mail (required) ____________________________

Please indicate if you have any need for auxiliary aids or special assistance services.

Title:
- Orthopaedic Surgeon
- Plastic Surgeon
- Hand Fellow
- Resident
- Allied Health Professional

Fee:
- Surgeon/Physician $995
- Fellow/Resident $750
- Allied Health Professional $750
- Military $750
- Virtual Syllabus
  Watch for details about downloading the APP!
  (There will be NO syllabus book)

Payment by:
- Check Enclosed (Please make checks payable to Hand Rehabilitation Foundation)
- Credit Card (MasterCard/Visa/Amex)

Name on Card ____________________________
Credit Card Number ____________________________
Security Code ____________________________
Expiration Date ____________________________

Register online at: www.handfoundation.org
or complete registration form and forward payment to:

HAND REHABILITATION FOUNDATION
700 S. Henderson Rd., Suite 100, King of Prussia, PA 19406
Telephone 610.768.5958  Fax 610.768.8887  Questions? hrf@handfoundation.org

Cancellation Policy: A full refund less a $75 cancellation fee will be issued if written notification is received by January 30, 2016. No refunds after January 30, 2016.
Course Description

An up close and personal experience in the reconstruction and rehabilitation of the upper extremity from a world renowned faculty.

The course encompasses both acute fractures and secondary reconstruction. Clinical topics address and critically assess the latest clinical management of shoulder fractures, instability and replacement. Similarly, elbow topics range from complex trauma through contracture and other soft tissue problems to arthroplasty. The final two days emphasize the new developments in the treatment of distal radius fractures, including analysis and recognition of fracture patterns, optimization of fracture stability, options for fracture fixation, recognition and treatment of distal radioulnar joint injuries, treatment of associated carpal and soft tissue injuries. In addition, the course will cover prevention and treatment of complications as well as correction of malunions and both wrist and distal radioulnar joint arthroplasty. Didactic lectures, panel sessions, video surgery demonstrations and hands-on labs will provide the participant with the vital information to treat these problems.

Centrally located at the base of Snowmass Mountain and the Village Mall, The Viceroy Hotel is an incomparable vacation resort. Ski-in/ski-out with onsite equipment rental and ski valet, an all-season heated saline pool, terrace cabanas, signature lobby cocktail bar and lobby-side lounge, destination restaurant with stunning views, Nest lounge/café, health club, steam room and massage service, concierge, exemplary service and more all contribute to the total convenience you will experience when you stay at the Viceroy Hotel.

The Viceroy Hotel
130 Wood Rd., PO Box 6985
Snowmass Village, Colorado 81615
Reservations: (877) 235-7577
Guests/General Line: (970) 923-8000
Guest Fax: (970) 923-8001
reservations@viceroysnowmass.com
www.viceroyhotelsandresorts.com
Room Rate: $335.00

Transportation

Aspen’s Sardy Field (ASE) located just three miles from Aspen and eight miles from Snowmass Village, is the most conveniently located ski resort airport in the world. Up to 126 flights per week offer reliable, same day connections from points across the globe. The Viceroy Hotel supplies complimentary Aspen airport shuttle service; please call from the transportation services kiosk. Aspen airport is currently serviced by United Express, Northwest Jet Airlink and America West Express. Three airlines are offering direct service into Aspen/Snowmass. For flight information, please visit www.aspenairport.com.

NEW | DEBATES AND SURGICAL VIDEOS!

RESERVATIONS MUST BE RECEIVED BY FRIDAY, JANUARY 22, 2016
Late fee after January 22, 2016 - $50.00
COURSE CHAIRPERSONS

Mark E. Baratz, MD  
Professor and Vice-Chair, Department of Orthopaedic Surgery  
Director, Hand and Upper Extremity Fellowship Program  
University of Pittsburgh Medical Center, Pittsburgh, Pennsylvania

N. Lindsay Harris, MD  
Fellowship Director of the Aspen Sports Medicine Foundation Fellowship Program  
Denver, Colorado

Mark D. Lazarus, MD  
Department of Orthopaedic Surgery, Thomas Jefferson University, Philadelphia, Pennsylvania

A. Lee Osterman, MD  
Professor and Chairman Division of Hand Surgery  
Department of Orthopaedic Surgery, Thomas Jefferson University, Philadelphia, Pennsylvania

FACULTY

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Assistant Professor of Orthopaedics, Mayo Clinic College of Medicine  
Rochester, Minnesota

Neal C. Chen, MD  
Program Director, Hand Surgery Fellowship Program, Instructor in Orthopaedic Surgery  
Harvard Medical School, Boston, Massachusetts

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Michael R. Hausman, MD  
Lippman Professor Orthopaedic Surgery, Chief Hand and Elbow Surgery  
Mt. Sinai Medical Center, New York, New York

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University of Western Ontario, St. Joseph’s Health Centre, London, Ontario

Amy L. Ladd, MD  
Professor, Department of Orthopaedic Surgery, Stanford University, Palo Alto, California

Tito J. Liotta, MD  
Orthopaedic Associates of Aspen and Glenwood, Aspen, Colorado

John D. Lubahn, MD  
Orthopaedic Residency and Hand Fellow Program Director, University of Pittsburgh Medical Center, Erie, Pennsylvania

Robert J. Medoff, MD  
Assistant Professor, Orthopaedic Surgery, University of Hawaii, Kailua, Hawaii

Daniel J. Nagle, MD  
Professor of Clinical Orthopaedic Surgery at Northwestern Feinberg School of Medicine, Chicago, IL

Jorge L. Orbay, MD  
Miami Hand Center, Miami, Florida

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Clinical Professor of Orthopaedics, Albert Einstein College of Medicine  
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Mark S. Rekant, MD  
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Benjamin Sears, MD  
Synergy Orthopedics, Westminster, Colorado

T. Greg Sommerkamp, MD  
Clinical Instructor of Orthopaedic Surgery, University of Cincinnati, Edgewood, Kentucky

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Professor of Orthopaedics, Mayo Clinic College of Medicine, Rochester, Minnesota

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Terri L. Wolfe, OTR/L, CHT  
Director, Hand and Upper Body Rehabilitation Center, Erie, Pennsylvania

Thomas W. Wright, MD  
Director, Interdisciplinary Center for Musculoskeletal Training and Research, Hand, Upper Extremity and Microsurgery, University of Florida, Gainesville, Florida

David S. Zelouf, MD  
Assistant Professor, Thomas Jefferson University School of Medicine, Philadelphia, Pennsylvania
12TH ANNUAL UPPER EXTREMITY TUTORIAL

February 7-11, 2016
Snowmass, Colorado

Sponsored by:
University of Colorado School of Medicine
Office of Continuing Medical Education
This program is a part of the Colorado Statewide Extended Campus. State funds were not used to develop or administer this program

Presented by:
Hand Rehabilitation Foundation

Endorsed by:
American Association of Hand Surgery