UPPER EXTREMITY TRAUMA IN THE AGE OF OBAMA

MARCH 7-9, 2015

HONORED PROFESSORS:
Randy R. Bindra, MD
L. Scott Levin, MD
Daniel A. Rikli, MD
David C. Ring, MD, PhD

Chairmen:
A. Lee Osterman, MD
Randall W. Culp, MD
Peter H. Hutchinson, MD

Friday, March 6, 2015
PEDIATRIC UPPER EXTREMITY PRE-COURSE FOR SURGEONS AND THERAPISTS - LOEWS HOTEL

Course Directors:
Joshua M. Abzug, MD
Scott H. Kozin, MD
Dan A. Zlotolow, MD

A one day course of pediatric upper extremity surgery and therapy focused on trauma, congenital disorders, brachial plexus palsy, tetraplegia and more.
**BREAKING BAD**

**UPPER EXTREMITY TRAUMA IN THE AGE OF OBAMA**

SATURDAY, MARCH 7, 2015

6:30 am Registration and Continental Breakfast

7:30 am Welcome Remarks  
A. Lee Osterman, MD

---

**I AM THE DANGER**

**PHALANGEAL FRACTURES**  
Moderator: A. Lee Osterman, MD

7:35 am Perspectives on Upper Extremity Trauma in the USA  
L. Scott Levin, MD

7:50 am You Are On Call  
Peter J. Stern, MD

8:10 am * Nail Bed Repair with Fracture and/or Matrix Loss  
Thomas J. Fischer, MD

8:25 am Mallet Finger Debate – The Poop on the Droop  
1-on-1 Debate: Peter J. Stern, MD (closed) vs. James P. Higgins, MD, PhD (open)

8:40 am * Kite Flap and the Homo Digital Flap  
L. Scott Levin, MD

8:55 am * Hemi-Hamate – Making the PIP Joint Whole Again  
David S. Zelouf, MD

9:10 am ALPS for Proximal Phalangeal Fractures  
Lloyd P. Champagne, MD

9:20 am Infected Fractures of the Finger  
Randall W. Culp, MD

9:30 am * Y Fractures of P1 with ALPS  
Lloyd P. Champagne, MD

9:45-10:15 am Coffee Break

---

The Philadelphia Hand Rehabilitation Foundation is proud to present the 17th Annual Hand Surgery Symposium, which will provide a comprehensive exploration of tried and true, as well as new treatments for the management of traumatic upper extremity injury and common and complex upper extremity problems presented by an internationally renowned faculty. Didactic presentations will provide the framework, and cadaver surgery demonstrations will provide the picture of anatomy and techniques of management with unparalleled clarity. Exhibitor sponsored training labs will be offered as in previous years to provide demonstrations and hands-on experience with the latest in technology.

**TARGET AUDIENCE:** Hand, Orthopaedic, Plastic and General Surgeons, Sports Medicine Physicians, Fellows, Residents, Students, Physiatrists

---

**METACARPAL FRACTURE**  
Moderator: David S. Zelouf, MD

10:15 am Arthroscopic Approach to Intra-articular MCP Joint Fractures  
A. Lee Osterman, MD

10:25 am * Headless Screw Fixation of Metacarpal Neck Fractures  
R. Glenn Gaston, MD

10:40 am Reconstruction for Gun Shot Wounds  
Milan V. Stevanovic, MD

10:50 am * Metacarpal Fractures; A Race Against Time  
**Bouquets** – Christopher L. Forthman, MD  
**IM Rods** – Jorge L. Orbay, MD  
**Plates** – Thomas J. Fischer, MD

11:10 am Fusion vs. Suspensionplasty for Post Traumatic Arthritic Ulnar CMCs  
Randall W. Culp, MD

11:20 am Panel – Tread Lightly – Fractures from the Dark Side of the Hand  
Moderator: Randall W. Culp, MD  
Panelists: Randy R. Bindra, MD  
Thomas J. Fischer, MD  
Christopher L. Forthman, MD  
R. Glenn Gaston, MD  
Peter H. Hutchinson, MD

12:00-1:00 pm Lunch Break
WEBS AND AMPUTATIONS
Moderator: David C. Ring, MD, PhD

1:00 pm  Problems With Digital Amputations and Their Solutions
Sidney M. Jacoby, MD

1:10 pm  *  Ray Resection Small and Index Finger
David C. Ring, MD, PhD

1:25 pm  Defend the Webspace
William C. Pederson, MD

1:35 pm  *  Holding the Webspace:
Plates – Lloyd P. Champagne, MD
Pins – Stephanie Sweet, MD
External Fixation – Mark S. Rekant, MD

1:55 pm  Complex Dislocations of the PIP and MCP Joints
Mark E. Baratz, MD

2:05 pm  *  Soft Tissue for the Web: Z-Plasties and Flaps
William C. Pederson, MD

2:20 pm  *  Arthroscopic Bennett’s Fracture
William B. Geissler, MD

2:35 pm  Collateral Ligament Injuries Other than the Thumb
Randy R. Bindra, MD

2:45 pm  *  Late Thumb UCL Reconstruction vs. Fusion
Reconstruction – Sanjeev Kakar, MD
Fusion – John M. Bednar, MD

3:00 pm  Break

3:30-5:30 pm  Panels (3)  Please Choose One Panel

Panel 1: Pediatric Elbow Injury
Moderator: Scott H. Kozin, MD
Panelists: L. Andrew Koman, MD; Theresa O. Wyrick, MD; Dan A. Zlotolow, MD

Panel 2: Flexor Tendon Injury – Controversies and Questions
Moderator: John S. Taras, MD
Panelists: Mark E. Baratz, MD; Rowena MacBeath, MD, PhD; Scott W. Wolfe, MD;

Panel 3: The Mangled Hand
Moderator: William C. Pederson, MD
Panelists: James P. Higgins, MD, PhD; L. Scott Levin, MD; Blane A. Sessions, MD; Milan V. Stevanovic, MD

SUNDAY, MARCH 8, 2015
6:30 am  Registration and Continental Breakfast

DISTAL RADIUS FRACTURES
Moderator: Eon K. Shin, MD

7:15 am  Column Approach to Distal Radius Fractures
Daniel A. Rikli, MD

7:30 am  Who Needs a CT Scan?
Robert J. Medoff, MD

7:40 am  *  Audience Vote: Where’s Waldo’s Screw?
David C. Ring, MD, PhD

7:55 am  The Role of Arthroscopy in Distal Radial Fractures
William B. Geissler, MD

8:05 am  *  The Hook Plate and Distal Radius Teardrop –
Robert J. Medoff, MD

8:20 am  When A Volar Plate Doesn’t Work
Jesse B. Jupiter, MD

8:30 am  *  A Bridge to Nowhere
Leonid I. Katolik, MD

8:45 am  Panel – Wrist Fractures
Moderator: Jesse B. Jupiter, MD
Panelists: Randy R. Bindra, MD; Robert J. Medoff, MD; Jorge L. Orbay, MD; Daniel A. Rikli, MD; David C. Ring, MD, PhD

10:00 am  Coffee Break

ULNAR COLUMN INJURIES
Moderator: Thomas J. Gillon, MD

10:30 am  Ulnar Column Injuries and Instability
Scott W. Wolfe, MD

10:40 am  Should All Distal Radius Fractures be in Supination Post-O p?
John M. Bednar, MD

10:50 am  The Unstable DRUJ Post Radial Fixation
Jorge L. Orbay, MD

11:00 am  *  The Scheker Salvage of the DRUJ
Jesse B. Jupiter, MD

11:15 am  -  Exhibitor Labs
12:15 pm  Please Choose One Lab (not for CME)

Lab 1: Checkpoint Surgical
Lab 2: Skeletal Dynamics
Lab 3: Biomet, Inc. – Wrist Plating Options. Faculty: TBD
Lab 4: A.M. Surgical
12:15-1:15 pm Lunch

COMPLICATIONS OF FOREARM FRACTURES
Moderator: L. Andrew Koman, MD

1:15 pm  Malunions
Jesse B. Jupiter, MD

1:25 pm  Radioulnar Synostosis
Matthew L. Ramsey, MD
**FIGHT ME AND DIE.**

**CARPAL INJURIES**
Moderator: Thomas J. Fischer, MD

- 2:15 pm Scapholunate Injuries – Is the Only Answer Meth?  
  Scott W. Wolfe, MD

- 2:25 pm * The Ross Scapholunate Reconstruction  
  Sanjeev Kakar, MD

- 2:40 pm * The SLIC Screw  
  William B. Geissler, MD

- 2:55 pm Debate: Is There a Role for Vascularized Grafting?  
  Old vs. Young  
  No – A. Lee Osterman, MD  
  Yes – Meredith Osterman, MD

- 3:05 pm * Medial Femoral Condyle Harvest  
  L. Scott Levin, MD

- 3:20 pm * Cartilage Resurfacing: Oats to Distal Radius  
  Randall W. Culp, MD

- 3:35 pm Debate: The VAC, Always Indicated, or An Instrument of the Devil?  
  Yes – L. Andrew Koman, MD  
  No – Sidney M. Jacoby, MD

- 3:45 pm Break

- 4:00 pm Exhibitor Labs

- 5:00 pm Please Choose One Lab (not for CME)

**DISTAL HUMERAL FRACTURES**
Moderator: John D. Lubahn, MD

- 9:00 am The Distal Intra-articular Humeral Fracture  
  David C. Ring, MD, PhD

- 9:15 am * Stabilizing the Unstable Elbow  
  Jorge L. Orbay, MD

- 9:30 am * ORIF of the Intra-articular Distal Humerus Fracture  
  David C. Ring, MD, PhD

- 9:45 am Panel – Elbow Joints in Which I had Never Been  
  Moderator: Mark E. Baratz, MD  
  Panelists: John M. Bednar, MD; Jesse B. Jupiter, MD;  
  Jorge L. Orbay, MD; David C. Ring, MD, PhD

- 11:00 am Exhibitor Labs

- 12:00 pm Please Choose One Lab (not for CME)
**Develop the surgical skills acquired and practiced during the meeting**

**Assess the most effective management of carpal injuries and consider the options for treatment**

**Improve their knowledge and understanding of the clinical presentation, management and rehabilitation for elbow trauma and humeral fractures**

**Evaluate the latest treatment strategies of traumatic fractures and amputations**

**The University of Colorado School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Colorado School of Medicine and the Hand Rehabilitation Foundation. The University of Colorado School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.**

**At the conclusion of this activity, the participants will:**
- Implement and perform the varying surgical techniques observed and practiced through the surgery demonstrations on upper extremity traumatic fractures
- Evaluate the latest treatment strategies of traumatic fractures and amputations
- Assess the most effective management of carpal injuries and consider the options for treatment
- Improve their knowledge and understanding of the clinical presentation, management and rehabilitation for elbow trauma and humeral fractures
- Develop the surgical skills acquired and practiced during the meeting

---

**2015 FACULTY**

* Pediatric Pre-Course Faculty

Joshua M. Abzug, MD
  Monkton, MD

Donald E. Bae, MD*
  Boston, MA

Mark E. Baratz, MD
  Washington, PA

John M. Bednar, MD
  Cherry Hill, NJ

Randy R. Bindra, MD
  Maywood, IL

Honored Professor
  Lloyd Champagne, MD
  Phoenix, AZ

Neal C. Chen, MD
  Philadelphia, PA

Roger Cornwall, MD*
  Cincinnati, OH

Randall W. Culp, MD
  King of Prussia, PA

Thomas J. Fischer, MD
  Indianapolis, IN

Christopher L. Forthman, MD
  Lutherville, MD

R. Glenn Gaston, MD
  Charlotte, NC

William B. Geissler, MD
  Jackson, MS

Thomas J. Gillon, MD
  King of Prussia, PA

Mickey J.V. Gordon, MD
  Denver, CO

Martin J. Herman, MD*
  Philadelphia, PA

James P. Higgins, MD
  Lutherville, MD

Peter H. Hutchinson, MD
  Philadelphia, PA

Sidney M. Jacoby, MD
  Philadelphia, PA

Jesse B. Jupiter, MD
  Boston, MA

Sanjeev Kakar, MD
  Rochester, MN

Leonid I. Katolik, MD
  King of Prussia, PA

L. Andrew Koman, MD
  Winston-Salem, NC

Scott H. Kozi, MD*
  Philadelphia, PA

L. Scott Levin, MD
  Philadelphia, PA

Honored Professor
  Kevin J. Little, MD*
  Cincinnati, OH

John D. Lubahn, MD
  Erie, PA

Rowena McBeath, MD, PhD
  Philadelphia, PA

Robert J. Medoff, MD
  Kailua, HI

Jorge L. Orbay, MD
  Miami, FL

A. Lee Osterman, MD
  King of Prussia, PA

Meredith Osterman, MD
  King of Prussia, PA

William C. Pederson, MD
  San Antonio, TX

Matthew L. Ramsey, MD
  Philadelphia, PA

Mark S. Rekant, MD
  Cherry Hill, NJ

Daniel A. Rüüli, MD
  Basel, Switzerland

Honored Professor
  David C. Ring, MD, PhD
  Boston, MA

Honored Professor
  John Saillant, MD
  Philadelphia, PA

Lawrence H. Schneider, MD
  New York, NY

Blane A. Sessions, MD
  Philadelphia, PA

Eon K. Shin, MD
  Philadelphia, PA

Peter J. Stern, MD
  Cincinnati, OH

Milan V. Stevanovic, MD
  Los Angeles, CA

Stephanie Sweet, MD
  King of Prussia, PA

John S. Taras, MD
  Philadelphia, PA

Ann E. Van Heest, MD*
  Minneapolis, MN

Scott W. Wolfe, MD
  New York, NY

Theresa O. Wyrick, MD*
  Mabelvale, AR

David S. Zelouf, MD
  King of Prussia, PA

Dan A. Zlotolow, MD*
  Philadelphia, PA

---

**Pediatric Pre-Course Therapy Faculty**

Sarah Ashworth, OTR/L, CHT
  Philadelphia, PA

Jenny Dorich, OTR/L, MBA
  Cincinnati, OH

Justine LaPierre, MS, OTR/L
  Philadelphia, PA

Heather Weesner, OTR/L, CHT
  Ellicott City, MD

---

**BAD TO THE BONE**

3:00 pm  Panel – Complications Make you Smarter
  Moderator: Randall W. Culp, MD
  Panelists: Philadelphia Hand Fellows and Participants

4:00 pm  Adjourn
REGISTRATION

Name ___________________________________________ Degree ______________________

Address ____________________________________________

City, State, Zip ____________________________________________

E-Mail (required) ____________________________________________ Telephone (Work) ___________________ (Home) ___________________ (Fax) ___________________

Check or Money Order in US Funds payable to Hand Rehabilitation Foundation

Visa [ ] MasterCard [ ] American Express [ ]

Card Number ___________________________________________ Exp. Date __________ Security Code: ______________

Print Name as it appears on card __________________________

CardHolder’s Signature __________________________

Concurrent Panels and Labs
Please indicate your first, second and third choices in order of preference for each day

<table>
<thead>
<tr>
<th>Day/Date</th>
<th>Session (Check online for updates to labs and program)</th>
<th>1st Choice</th>
<th>2nd Choice</th>
<th>3rd Choice</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saturday, March 7</td>
<td>Panel 3:30 – 5:30 PM</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sunday, March 8</td>
<td>Lab 11:15 AM – 12:15 PM</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sunday, March 8</td>
<td>Lab 4:00 – 5:00 PM</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sunday, March 8</td>
<td>Panel 5:00 – 6:30 PM</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Monday, March 9</td>
<td>Lab 11:00 AM – 12:00 PM</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Registrations must be received (postmarked/faxed/submitted online) by February 15, 2015 to avoid late fee.  

FEE

1-Day Pediatric Pre-course – Friday, March 6, 2015 $350

Surgeon/Physician (including $20 donation to HRF) $1040 ($1020 without donation)

Allied Health Professional (including $20 donation to HRF) $865 ($845 without donation)

Resident/Fellow (Must include letter from Chief of Service) $845

Virtual Syllabus - We are going digital for 2015 – Watch for details about the new APP! (there will be NO syllabus book)

Late Fee (Add $50 to all Registrations Postmarked/Faxed/Online after February 15, 2015)

Yes! I would like to make a donation to Hand Rehabilitation Foundation (tax deductible) $100 _____ $50 _____ $25 _____ Other $ ________

TOTAL ______

Cancellation Policy: A Full Refund less a $75 cancellation fee will be issued if written notification is received by February 15, 2015. No refunds after February 15, 2015.

Please complete form; fax or mail to Hand Rehabilitation Foundation, 700 S. Henderson Rd., Suite 100, King of Prussia, PA 19406

Check or Money Order in US Funds payable to Hand Rehabilitation Foundation

Visa [ ] MasterCard [ ] American Express [ ]

Card Number ___________________________________________ Exp. Date __________ Security Code: ______________

Print Name as it appears on card __________________________

CardHolder’s Signature __________________________

MEETING AND HOTEL INFORMATION:
Loews Philadelphia Hotel 1200 Market St., Philadelphia, PA 19107
Phone: (215)627-1200 Fax: (215)231-7305
Room Rate: $189.00/night. Deadline for reduced rates is February 13, 2015
To receive this special rate, call the Loews Philadelphia Hotel and reference the Hand Rehabilitation Foundation Meeting.

HAND REHABILITATION FOUNDATION:
Phone 610.768.5958 • Fax 610.768.8887 • hrf@handfoundation.org

REGISTER ONLINE AT WWW.HANDFOUNDATION.ORG
BAD TO THE BONE –
PEDIATRIC UPPER EXTREMITY TRAUMA
FRIDAY, MARCH 6TH, 2015
7:30 AM – 5:00 PM

9:25 am  Occupational Therapy Following Elbow Fractures  
          Jenny Dorich, OT, CHT
9:35 am  Questions/Case Presentations
10:00 am  Coffee Break

ELBOW II
Moderator:  Scott H. Kozin, MD
10:30 am  Capitellar Shear Fractures  Kevin J. Little, MD
10:40 am  Radial Neck Fractures  Roger Cornwall, MD
10:50 am  Monteggia Fractures  Scott H. Kozin, MD
11:05 am  Treatment of the Stiff Elbow  Dan A. Zlotolow, MD
11:15 am  Occupational Therapy Following Elbow Release  
          Sarah Ashworth, OT, CHT
11:25 am  Questions/Case Presentations
12:00 pm  Lunch (provided)

FOREARM AND WRIST
Moderator: Martin J. Herman, MD
1:00 pm  Forearm Fractures  Martin J. Herman, MD
1:10 pm  Treatment of Forearm Fracture Complications –  
         Malunion, Decreased ROM, Tendon Rupture, etc.  
         Scott H. Kozin, MD
1:20 pm  Occupational Therapy for Forearm Fractures and  
         Complications  Heather Weesner, OT, CHT
1:30 pm  Distal Radius Fractures  Theresa O. Wyrick, MD
1:40 pm  Distal Radius Complications - Physeal Arrest,  
         Supination Dissociation  Kevin J. Little, MD
1:50 pm  Scaphoid Fractures: When Should We Operate  
         Donald S. Bae, MD
2:00 pm  Scaphoid Nonunion Treatment  
         Ann E. Van Heest, MD
2:10 pm  Occupational Therapy - Forearm and Wrist  
         Justine LaPierre, MS, OTR/L
2:20 pm  Questions/Case Presentations
2:45 pm  Coffee Break
3:15 pm  Free Paper Session  
         Joshua M. Abzug, MD; Scott H. Kozin, MD

HAND
Moderator: Roger Cornwall, MD
4:00 pm  Phalangeal Neck Fractures  Joshua M. Abzug, MD
4:10 pm  Unicondylar Phalangeal Fractures  Roger Cornwall, MD
4:20 pm  Seymour Fractures  Theresa O. Wyrick, MD
4:30 pm  Occupational Therapy of the Hand  
         Jenny Dorich, OT, CHT
4:40 pm  Questions/Case Presentations
5:00 pm  Adjourn