22ND ANNUAL HAND SURGERY SYMPOSIUM

20/20: A VISION FOR NOW AND FOR THE FUTURE

NON-PROFIT ORGANIZATION

U.S. POSTAGE PAID

PHILADELPHIA, PA
PERMIT NO. 559

March 14 – 16, 2020
DoubleTree by Hilton Hotel Center City

Fri, March 13, 2020
Pediatric Upper Extremity Pre-Course for Surgeons & Therapists

Mon, March 16, 2020
Upper Extremity Ultrasound Post-Course for Surgeons

Supported By:
Jefferson Health System

Presented By
Hand Foundation
HandFoundation.org

Honored Professors:
Steven J. Lee, MD
Amy M. Moore, MD
Jorge L. Orbay, MD
Jeffrey Yao, MD

Chairmen:
A. Lee Osterman, MD
Randall W. Culp, MD
Meredith N. Osterman, MD
Adam B. Strohl, MD

Friday, March 13, 2020 | 7:30 am–5:00 pm
Pediatric Upper Extremity Pre-Course for Surgeons & Therapists

Course Directors: Joshua M. Abzug, MD,
Scott H. Kozin, MD, and Dan A. Zlotolow, MD

Monday, March 16, 2020 | 1:00 pm–5:15 pm
Upper Extremity Ultrasound Post-Course for Surgeons

Course Director: Brian Jurbala, MD
6:30 am
Registration & Continental Breakfast
Messeung J. Lee, D.O., MD

7:30 am
Luncheon: Seinfeld (40-50 minutes)
Peter J. Stern, MD

7:35 am
Panel: Innovation: Does it take 10,000 hours?
Peter J. Stern, M.D.

7:50 am
Panel: Taking an Idea to Market
Jorge L. Orbay, M.D.

8:00 am
Panel: The Proximal DRUJ
Luis R. Scheker, MD

8:15 am
Panel: Innovations in Wrist Arthroscopy
A. Lee Osterman, M.D.

8:30 am
Panel: The Bi-Columnar Volar Plate
Jorge L. Orbay, M.D.

8:40 am
Panel: Arthroscopic Proximal Row Carpectomy
Noah D. Weiss, M.D.

8:55 am
Panel: Nerve Transfer: Reanimation of Function
Amy M. Moore, M.D.

9:15 am
Panel: Nerve Transfer to Restore Biceps Function
Adam B. Strohl, M.D.

9:25 am
Panel: A Green OR can Save You Green
Mark E. Baratz, M.D.

9:35 am
Panel: Opioid Strategies for Hand Surgeons
Patrick M. Kane, M.D.

9:45 am
Coffee Break/Exhibit

10:15 am
Panel: Finger Fractures
Moderator: Thomas J. Gillon, M.D.

11:15 am
Panel: Bridge Plate Fixation for PIP Joint Pilon Fractures
Kagan Ozer, M.D.

11:30 am
Panel: Finger Fractures
Moderator: Thomas J. Gillon, M.D.


12:45 pm
Lunch (provided)/Exhibit

1:30 pm
Panel: Ligament Injuries of the Hand
Moderator: Sidney M. Jacoby, M.D.

1:45 pm
Panel: Dislocations from CMC to PIP Joints
Eon K. Shin, M.D.

1:55 pm
Panel: Internal Bracing for the Thumb ARPD
Randall W. Culp, M.D.

2:15 pm
Panel: The Unhappy Boutonniere: Never Again
Sidney M. Jacoby, M.D.

2:30 pm
Panel: Stabilization of Thumb CMC Dislocations
Randall W. Culp, M.D.

3:00 pm
Panel: A. Lee Osterman Award Presentation
Marybeth B. Ezaki, M.D.

3:30 pm
Coffee Break and Exhibit

4:00 pm
Panel: Concurrent Panels
(Please Choose One)
Panel I—Carpal Injuries
Moderators: John D. Lubahn, M.D. & Richard J. Tosti, M.D.
Panelists: Peter J. Stern, M.D.; Noah D. Weiss, M.D.; Thomas J. Gillon, M.D.; Stephanie Sweet, M.D.; Leonid I. Katolik, M.D.

Panel II—Nerve Palsy: Reconstructive Strategies From Nerve to Tendon Transfer
Moderators: Amy M. Moore, M.D. & Adam B. Strohl, M.D.

Panel III—Sports Injuries of the Elbow: The LCL, the MCL, the OCD
Moderators: Kenneth A. Kearns, M.D. & Michael R. Hausman, M.D.
Panelists: Kenneth A. Kearns, M.D. & Mark E. Baratz, M.D.

5:30 pm
Adjourn
SUNDAY, MARCH 15, 2020

9:30  Continental Breakfast

10:00 am  Barriers & Conduits: The Neural Horizon
            Moderator: line McBeath, MD, PhD

12:00 pm  Lunch (provided)/Exhibits

1:00 pm  Panel IV – Capital Repair of the Partial Wrist Fusion
            Moderators:
            Randall W. Culp, MD & Marco M. Rizzo, MD
            Panelists:
            Steve J. Lee, MD  – Interposition Membrane
            Leonid I. Katolik, MD  – Arthrosurface
            Jeffrey Yao, MD  – Partial Fusions

1:50 pm  Panel V – Lateral Elbow Tendonitis
            Moderator: Michael R. Hausman, MD
            – The Protein
            Meredith N. Osterman, MD
            – Ten Jet
            Steve J. Lee, MD  – PRP
            Amy M. Moore, MD  – Radial Tunnel Syndrome

3:00 pm  Panel VI – Scaphoid Nonunion: Cases & Solutions
            Moderators:
            Scott W. Wolfe, MD & Kagan Ozer, MD
            Panelists:
            Peter J. Stern, MD
            Seth D. Dodds, MD
            Scott Tintle MD, CDR MC USN
            Mark S. Rekant, MD
Monday, March 16, 2020

6:15 am
Continental Breakfast

6:30 am
Exhibitor Sponsored Training Labs
*Not for CME
Lab 5: Skeletal Dynamics
Lab 6: TBA
Lab 7: TBA
Lab 8: TBA

The Less Invasive Invasion
Moderator: Leonid I. Katolik, MD

7:45 am
Ten Jet – Let Your Lateral Epicondyltis Perk
Randall W. Culp, MD

7:55 am
3D Planning of Radius & Forearm Malunion
Leonid I. Katolik, MD

8:10 am
Endoscopic Trigger Finger
Meredith N. Osterman, MD

8:20 am
Substitute Skin Constructs: When & How
Adam B. Strohl, MD

8:35 am
Ultrasound Guided Endoscopic DeQuervain’s
Brian Jurbala, MD

8:45 am
Endoscopic Cubital Tunnel
John D. Lubahn, MD

8:55 am
The Fast Fix TFC
Jeffrey Yao, MD

9:10 am
Masquelet Technique for Osteomyelitis
Stephanie Sweet, MD

9:20 am
Reverse Vascularization of the Devascularized Hand
In Diabetes Mellitus and Renal Failure
Adam B. Strohl, MD

9:35 am
Diabetic Hand Infections
Amy M. Moore, MD

9:45 am
Advances in Composite Tissue Preservation and Allograft Transfer In the Hand & Upper Extremity
Kagan Ozer, MD

10:00 am
RAC Proteins and Keeping Your Patient Young
Rowena McBeath, MD, PhD

10:15 am
OATS Osteochondral Grafting in the Hand & Wrist
Randall W. Culp, MD

10:30 am
Coffee Breaks / Exhibits

11:00 am
Panel: Cases that Challenge the Honored Professor
Moderators: Randall W. Culp, MD
Mark S. Rekant, MD; Adam B. Strohl, MD
Panelists: Amy M. Moore, MD; Steve J. Lee, MD
Jorge L. Orbay, MD; Jeffrey Yao, MD

12:30 pm
Adjourn

(no lunch provided except for post-course registrants)

Monday, March 16, 2020

1:00 pm
Welcome and Overview
Brian Jurbala, MD, RMSK, CAQSH, CAQSM

• What is Ultrasound? What Can it Image/Identify?
• Advantages/Disadvantages
• Ultrasound as a Navigation Tool
• MSK Future

1:30 pm
Ultrasound Basics/Knobology/Scanning Techniques

2:00 pm
Wrist

• Ultrasound of Nerves
• Carpal Tunnel
• Occult Scaphoid
• De Quervain’s
• SL Ligament Tear
• TFCC
• Hypotenar Hammer
• Ganglions/Soft Tissue Tumors

2:30 pm
Hand

• Foreign Bodies
• Mass ID (Cystic, Solid, Nerve)
• Tendon Ruptures
• Fractures
• Sagittal Band Rupture
• Thumb UCL
• Trigger Fingers/Tenosynovitis

3:00 pm
Discussion and Q & A with Lecturers

3:15 pm
Coffee Break

3:30 pm
Ultrasound Equipment Selection / Coding & Billing Discussion

3:45 pm
Interventional Topics and the Future of MSK Ultrasound

4:00 pm
Live Model Scanning Lab

4:15 pm
Course Wrap up and Q & A

4:30 pm
Course Adjourns

TARGET AUDIENCE
Hand, Orthopaedic, Plastic and General Surgeons, Sports Medicine Physicians, Fellows, Residents, Students, Physiatrists

The Philadelphia Hand Rehabilitation Foundation is proud to present the 22nd Annual Hand Surgery Symposium, which will provide a comprehensive exploration of tried and true, as well as new treatments for the management of diverse upper extremity problems presented by an internationally renowned faculty. Didactic presentations will provide the framework, and cadaver surgery demonstrations will provide the picture of anatomy and techniques of management with unparalleled clarity. Exhibitor sponsored training labs will be offered as in previous years to provide demonstrations and hands-on experience with the latest in technology.

TARGET AUDIENCE
Hand, Orthopaedic, Plastic and General Surgeons, Sports Medicine Physicians, Fellows, Residents, Students, Physiatrists, Physical Therapists
This program is a part of the Colorado Statewide Extended Campus. Your funds were not used to develop or administer this program.

ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through joint providership of The University of Colorado School of Medicine and the Hand Rehabilitation Foundation. This activity has been planned and implemented in accordance with thevalues of the Colorado Statewide Extended Campus. The University of Colorado School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

CME CREDITS

The University of Colorado School of Medicine designates this live activity for a maximum of 31.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

At the conclusion of this activity, the participants will:

• Implement and perform the varying surgical techniques observed and practiced through the surgery demonstrations on hand and wrist conditions and injuries.

• Evaluate the latest treatment strategies of wrist and hand joint injuries, and nerve and tendon problems.

• Assess the most effective management of various hand and wrist conditions and injuries.

• Improve the surgical skills acquired and practiced during the meeting.

2020 FACULTY

Jochen M. Zhang, MD
Boston, MA

Donald D. Baer, MD
Boston, MA

Mark E. Bowers, MS
Bethlehem, PA

Lloyd F. Boyce, MD
Fresno, CA

Randal N. Curry, MD
Blacksburg, VA

Darryl D. Bode, MD
Dallas, TX

Harvey R. Boccuti, MD
San Antonio, TX

Thomas S. Bloom, MD
New York, NY

Dennis M. Bondy, MD
Cincinnati, OH

Michael R. Hausman, MD
New York, NY

Kagan Ozer, MD
Ann Arbor, MI

Patrick M. Kane, MD
Cherry Hill, NJ

Leonid I. Katolik, MD
King of Prussia, PA

Kenneth A. Kearns, MD
King of Prussia, PA

Scott H. Kozin, MD
Philadelphia, PA

Steven J. Lee, MD
New York, NY

Kevin J. Linn, MD
San Antonio, TX

Renee W. Sheehy, MD
Madison, WI

David J. Warzak, MD
Medina, OH

Jerry M. Myers, MD
St. Louis, MO

Jeffrey Yao, MD
Redwood City, CA

Joseph L. Beeky, MD
Cincinnati, OH

J. Lee Doh, MD
Philadelphia, PA

Richard M. Neil, MD
Phoenix, AZ

Maria R. Weeks, MD
Boston, MA

Robert M. shoreline, MD
Tampa, FL

Dan J. McNeal, MD
Philadelphia, PA

Scott B. Wake, MD
Baltimore, MD

Elizabeth A. McMillan, MD
Tampa, FL

John Rheinstein, CP,
FAAOP(D)*
New York, NY

Marco M. Rizzo, MD
Rochester, MN

Melvin P. Rosenwasser, MD
Englewood, NJ

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Glenview, KY

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Langhorne, PA

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Bethesda, MD

Richard J. Tosti, MD
King of Prussia, PA

Noah D. Weiss, MD
Sonoma, CA

Matthew S. Wilson, MD
Philadelphia, PA

Scott W. Wolfe, MD
New York, NY

Theresa O. Wyrick, MD
Mabelvale, AR

Jeffrey Yao, MD
Redwood City, CA

David S. Zelouf, MD
King of Prussia, PA

Dan A. Zlotolow, MD*
Philadelphia, PA

PEdiATRIC THERAPY FACULTY

Jenny M. Dorich, MBA,
OTR/L, CHT
Reeti Douglas, OTD, OTR/L
Ritu Goel, MS, OTR/L
Justine LaPierre, OTR/L
John Rheinstein, CP,
FAAOP(D)*

Pediatric Pre-Course Faculty

+ Ultrasound Post-Course Faculty

This program is a part of the Colorado Statewide Extended Campus. Your funds were not used to develop or administer this program.

2020 FACULTY
COURSE REGISTRATION FORM

Name
Address
City, State, Zip
E-Mail
Telephone (Home)
Fax

COURSE AND LABS
Available Concurrent Panels and Labs:
- Concurrent Panels: Saturday, March 14; Sunday, March 15; Monday, March 16
- Exhibitor Sponsored Training Labs: Sunday, March 15; Monday, March 16

First Choice: 
Second Choice: 
Third Choice: 

FEE
- 1-Day Pediatric Pre-Course: $375
- Ultrasound Post-Course: $400
- Surgeon/Physician: $1100 ($1050 without donation)
- Military (proof of active service required): $750
- Allied Health Professional: $875 ($850 without donation)
- Resident/Fellow (must include letter from Chief of Service): $850

Late Fee: Add $50 to all ON SITE registrations.

Donation to Hand Rehabilitation Foundation:
☐ $100
☐ $50
☐ $25
☐ Other: 

TOTAL

Cancellation Policy: A full refund less a $75 cancellation fee will be issued if written notification is received by February 23, 2020. No refunds after February 23, 2020.

Payment Options:
- Check or Money Order in U.S. funds payable to Hand Rehabilitation Foundation
- Visa
- MasterCard
- American Express

Credit Card Number
Exp. Date
Security Code

Print Name as it appears on card
Cardholder’s Signature

Virtual Syllabus 2020
Watch your email for details!

Hand Rehabilitation Foundation
120 Huntingdon Pike, Ste 100
Rockledge, PA 19046
Phone: 610.768.5958
Fax: 610.768.8887
hrf@handfoundation.org

MEETING AND HOTEL INFORMATION:
DoubleTree by Hilton Hotel Center City
237 South Broad Street
Philadelphia, Pennsylvania, 19107
Room Rate: $199.00/night.
Deadline for reduced rates: February 13, 2020

HOTEL RESERVATIONS:
- By phone: 1-855-610-TREE (8733)

REGISTER ONLINE AT WWW.HANDFOUNDATION.ORG
Welcome

Joshua M. Abzug, MD, Scott H. Kozin, Dan A. Zlotolow

Congenital

Moderator: Marybeth B. Ezaki, MD

Uses of Skin Graft Substitutes

Joshua M. Abzug, MD

Current and Future Directions of Treating Radial Longitudinal Deficiency

Andrea S. Bauer, MD

Advancing Treatment and Assessing Outcomes for Pollicization: What Makes a Good Outcome?

Dan A. Zlotolow, MD

Macrodactyly and Congenital Vascular Lesions: What is the Latest and Greatest?

Marybeth B. Ezaki, MD

State of the Art Upper Extremity Prosthetics

John Rheinstein, CP, FAAOP(D)

Case Presentations – Marybeth B. Ezaki, MD

Pediatric Upper Extremity Trauma

Marybeth B. Ezaki, MD

Muscle disorders

Moderator: Kevin J. Little, MD

Acute Flaccid Myelitis

Dan A. Zlotolow, MD

Therapy for Acute Flaccid Myelitis

Justine LaPierre, OTR/L

What’s New in BPBP?

Kevin J. Little, MD

Advances in Therapy for BPBP Patients

Jenny Dorich, MBA, OTR/L, CHT

Use of TMR After Amputation

Adam B. Strohl, MD

Case Presentations – Kevin J. Little, MD

Muscle disorders

Moderator: Dan A. Zlotolow, MD

CAT Assessments

Scott H. Kozin, MD

Reasorbable Metals for Nerve Regeneration

Kevin J. Little, MD

The Physis

Joshua M. Abzug, MD

Resident Assessment of Casting and Reductions

Donald S. Bae, MD

Assessing Vascular Injuries in Fractures

Christine A. Ho, MD

Nerve Regeneration: Can We Make it Happen Faster?

Apurva S. Shah, MD

Therapy Initiatives

Jenny Dorich, MBA, OTR/L, CHT

MHE – Medical Management

Scott H. Kozin, MD

General Discussion

– Scott H. Kozin, MD

Sports

Moderator: Don Bae, MD

OCD of the Elbow: Where Do We Stand

Donald S. Bae, MD

TFCC Tears: What’s New

Kevin J. Little, MD

Gymnast Wrist: An Update for Now and the Future

Joshua M. Abzug, MD

What’s New in Therapy for Pediatric Upper Extremity Sports Injuries

Ritu Goel, MS, OTR/L

Case Examples

Donald S. Bae, MD

Adjourn
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20/20: A VISION FOR NOW AND FOR THE FUTURE

MARCH 14 – 16, 2020 | DOUBLETREE BY HILTON HOTEL CENTER CITY

Hand Rehabilitation Foundation
120 Huntingdon Pike
Suite 100
Rockledge, PA 19046