HONORED PROFESSORS:
Steven J. Lee MD
Amy M. Moore, MD
Jorge Orbay, MD
Jeffrey Yao, MD

KEYNOTE SPEAKER
Mikael Avery, M.Arch, MS, OTR/L

CHAIRPERSONS
Lauren M. DeTullio, OTR/L, CHT
Jane M. Fedorczyk, PT, PhD, CHT
Jenifer M. Haines, MS, OTR/L, CHT
Sheri B. Feldscher, OTR/L, CHT
Terri M. Skirven, OTR/L, CHT
A. Lee Osterman, MD

TWO PRE-COURSE CHOICES
FRIDAY MARCH 13, 2020:
Pediatric Upper Extremity for Surgeons & Therapists
COURSE DIRECTORS:
Joshua M. Abzug, MD
Scott H. Kozin, MD
Dan A. Zlotolow, MD

Orthotic Fabrication Skill Building Workshop
COURSE FACULTY:
Lauren J. O’Donnell, OTR/L, CHT
Terri M. Skirven, OTR/L, CHT

Sponsored By
HAND REHABILITATION FOUNDATION

MARCH 14 – 17, 2020
2020 PHILADELPHIA MEETING
Surgery & Rehabilitation of the Hand - A 20/20 Vision:
Innovation, Technology and Interdisciplinary Teamwork in Healthcare

Supported By:
Jefferson Health System
The Philadelphia Hand Rehabilitation Foundation is proud to present the 46th Annual Symposium, Surgery and Rehabilitation of the Hand & Elbow 2020 Vision: Innovation, Technology and Interdisciplinary Teamwork in Healthcare. The Philadelphia Hand Rehabilitation Foundation is an American Association for the Accreditation of Continuing Education in the field of upper extremity injuries and conditions, presenting a structured format of comprehensive courses and conferences, laboratory sessions, panel discussions, hands on workshops and exhibits. Participation will meet the professional development needs of surgeons, therapists, athletic trainers and students.

Target Audience: Hand Therapists, Occupational and Physical Therapists, Athletic Trainers, Rehabilitation Nurses, Hand, Orthopedic, Plastic and Dermal Surgeons, Physiologists, Athletes, Students and Assistants.

The 2020 program will provide evidence-based, state-of-the-art information in the care of upper extremity injuries and conditions, presented by a distinguished faculty of surgeons and therapists.

SATURDAY MARCH 14, 2020
08:00 am Welcome & Introductions
Moderator: Steven J. Lee, MD

9:00 am.SUCCESSFUL FRACTURES AND JOINT INJURIES
Moderator: Jenifer M. Haines, MS, OTR/L, CHT

10:00 am.MODERN TECHNIQUES IN HAND REHABILITATION
Moderator: Karen M. Pettengill, MS, OTR/L, CHT

11:00 am.FORCEFUL, PAIN PROVOKING PASSIVE MOTION-DON'T STICK IT OUT
Moderator: Terri M. Skirven, OTR/L, CHT

12:00 pm.Lunch and Exhibits

1:00 pm.FLEXOR TENDON INJURIES
Leader: Steven S. Shin, MD

2:00 pm.ELBOW TENDON INJURIES
Leader: Adam B. Strohl, MD

3:00 pm.EXTENSOR TENDON INJURIES
Leader: Steve J. Lee, MD

4:00 pm.REENTRY TENDON INJURIES
Leader: David Ebaugh, PT, PhD, OCS

5:00 pm.Saturday Sessions End

SUNDAY MARCH 15, 2020
8:00 am. ORAL PRESENTATIONS
Moderator: Melvin P. Rosenwasser, MD

9:00 am. POSTER PRESENTATIONS
Moderator: Lauren O'Donnell, OTR/L, CHT

10:00 am. Case Presentations: Rehabilitation of a Professional Athlete Following a Thumb UCL Repair
Moderator: Jenifer M. Haines, MS, OTR/L, CHT

11:00 am. Case Presentations: Rehabilitation of a Professional Athlete Following a Triceps Ursula Tear
Moderator: Jenifer M. Haines, MS, OTR/L, CHT

12:00 pm. Lunch and Exhibits

1:00 pm. POSTER AWARD PRESENTATION
Moderator: Nancy M. Cannon, OTR/L, CHT

2:00 pm. ORAL AWARD PRESENTATION
Moderator: Laura Walsh, OTD, MS, OTR/L, CHT

3:00 pm. Awards Banquet: Focus on Inclusivity

4:00 pm. Conference Conclusions

5:00 pm. Sunday Sessions End

PRESIDENTIAL ADDRESS: "LEADERSHIP: THE OLD AND THE NEW"
Moderator: Gary Solomon, MBA, MS, OTR/L, CHT
SUNDAY MARCH 15, 2020
11:00 am
Moderator: Sheri B. Feldscher, OTR/L, CHT
NERVE INJURIES (CONTINUED)
11:15 am
Theresa Paldino: Nerve injury and Repair
11:30 am
Theresa Paldino: Nerve injury and Repair
11:45 am
Nurse Transfer: Discrimination of Function
12:00 pm
Nurse Transfer: Discrimination of Function
1:00 pm
Moderator: Amy M. Moore, MD
NERVE INJURIES: INSPIRATION FOR INNOVATION
1:00 pm
Moderator: Amy M. Moore, MD
1:15 pm
Lorna Kahn: BSPT, CHT
Principles of Neural Mobilization
1:30 pm
Mark T. Walsh; PT, DPT, MS, CHT
Utilizing Barriers, Conduits and Wrapping
3:00 pm
Lorna Kahn: BSPT, CHT
Cold Intolerance
3:15 pm
Mark S. Rekant, MD
Neurolysis for Entrapment Neuropathy
3:30 pm
Amy M. Moore, MD
Overview of Wrist Instability and Advances in Innovations in Rehabilitation for Wrist Instabilities
3:45 pm
Emily Altman, PT, DPT, CHT
Therapy Management for DRUJ Conditions
4:00 pm
Kagan Ozer, MD
Distal Radioulnar Joint Management of Complications of the Orthopedic Assessment of the Nervous System
5:00 pm
Break and Exhibits
SUNDAY SESSIONS END

MONDAY MARCH 16, 2020
9:00 am
Moderator: Lauren O’Donnell, OTR/L, CHT
COMPLEX INJURIES: UPPER LIMB AMPUTATION
9:00 am
Moderator: Lauren O’Donnell, OTR/L, CHT
10:00 am
Video Theatre:
Clinical Examination of the Shoulder
10:30 am
Mark E. Baratz, MD
Dislocations
10:45 am
Sheri B. Feldscher, OTR/L, CHT
Pilon Fractures
11:00 am
Kagan Ozer, MD
Bridge Plate Fixation for PIP J
11:15 am
Jane Moore, OTR/L, CHT
Surgical Management
11:30 am
Vicenç Punsola Izard, PT
Emily Altman, PT, DPT, CHT
Joint Play in Motion
11:45 am
Mark T. Walsh, PT, DPT, MS, CHT
Taping Techniques for the Upper Extremity
12:00 pm
Louie Pollock, PT, DPT, OCS
Upper Extremity Prosthetics
12:15 pm
Lauren M. DeTullio, OTR/L, CHT
Upper Limb Prosthetic Control Including Virtual Reality & Biofeedback
12:30 pm
Paul J. Naber, MD
Targeted Muscle Re-Innervation (TMR) to Improve Prosthetic Training: Rehabilitation Following Upper Limb Amputation
12:45 pm
Kathleen E. Yancosek, PhD, OTR/L, CHT
Upper Limb Amputation
1:00 pm
Christopher Saporito, OTR/L, CHT
Upper Extremity Prosthetics
1:15 pm
Martin J. Kelley, PT, DPT, OCS
Technology Trends & Advances in Upper Limb Prosthetic Control Including Virtual Reality & Biofeedback
1:30 pm
Jane Moore, OTR/L, CHT
Surgical Management
1:45 pm
Vicenç Punsola Izard, PT
Emily Altman, PT, DPT, CHT
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Jane Moore, OTR/L, CHT
Surgical Management
### PEDIATRIC UPPER EXTREMITY PRE-COURSE FOR SURGEONS & THERAPISTS
**FRIDAY, MARCH 13, 2020 | DOUBLETREE BY HILTON HOTEL PHILADELPHIA CENTER CITY**

**Welcome**
- **9:30 am**
  - Moderator: Christine A. Ho, MD

**EXTREMITY TRAUMA**
- **8:35 am**
  - Terri M. Skirven, OTR/L, CHT
  - Description: Extremity Trauma: Trends and Research

**PEDIATRIC UPPER EXTREMITY**
- **8:20 am**
  - Lauren J. O’Donnell, OTR/L, CHT
  - Description: Pediatric Upper Extremity Pre-Course for Surgeons & Therapists

**ORTHOTIC FABRICATION SKILL BUILDING WORKSHOP**
- **7:30 am**
  - Marybeth Ezaki, MD
  - Description: Orthotic Fabrication Skill Building Workshop

**CONGENITAL**
- **8:00 am**
  - John Rheinstein, CP, FAAOP(D)
  - Description: Extremity Prosthetics

**MUSCLE DISORDERS**
- **10:30 am**
  - Donald S. Bae, MD
  - Description: Muscle Disorders

**NEUROLOGIC CONDITIONS**
- **11:00 am**
  - Dan A. Zlotolow, MD
  - Description: Neurologic Conditions

**ON THE HORIZON**
- **12:00 pm**
  - Donald S. Bae, MD
  - Description: On the Horizon

**SPORTS**
- **2:00 pm**
  - Donald S. Bae, MD
  - Description: Sports

**5:00 pm**
- **Adjourn**
  - Donald S. Bae, MD

---

**Registration**

- Continuing education certificates will be issued for all attendees. 8 contact hours.
- Registration is $500 and includes all splinting materials. Space is limited and offered on a first come, first served basis. Workshop registration is non-refundable. Lunch will be provided.

- Participants should be at the intermediate level.
- The faculty will provide a short didactic session reviewing orthotic principles and rationale for the orthoses presented. Handouts with detailed descriptions of orthosis fabrication will be provided. Faculty: Scott H. Kozin, MD, Joshua M. Abzug, MD, Marybeth Ezaki, MD
- Participation in the workshop is open to any health care professional involved in orthotic fabrication, including OT/L, CHT, OT, CHT, PT, CHT, and/or SP.

---

**Workshop Content**

**Description**

- **FRIDAY, MARCH 13, 2020, 8:30 AM–5:00 PM**

**Orthotic Fabrication Skill Building Workshop**

- **8:30 am – 5:00 pm**
  - Welcome by Moderator
  - **9:00 am**
    - Review of orthotic principles and rationale
  - **10:00 am**
    - Demonstration of midcarpal instability orthosis
  - **11:00 am**
    - Demonstration of extension orthosis
  - **12:00 pm**
    - Lunch
  - **1:00 pm**
    - Handout on orthotic fabrication
  - **2:00 pm**
    - Participant fabrication of 5 specialized orthosis designs for the upper extremity including the following: Long arm orthosis; Anti-supination orthosis; Mid-carpal Instability orthosis; Extension orthosis; Hand based static progressive PIPJ flexion orthosis; Spasticity orthosis; Relative Motion Orthoses; Wire 3-point PIPJ orthosis
  - **3:00 pm**
    - Handout on orthotic fabrication
  - **4:00 pm**
    - Participant fabrication of 5 specialized orthosis designs for the upper extremity including the following: Long arm orthosis; Anti-supination orthosis; Mid-carpal Instability orthosis; Extension orthosis; Hand based static progressive PIPJ flexion orthosis; Spasticity orthosis; Relative Motion Orthoses; Wire 3-point PIPJ orthosis
  - **5:00 pm**
    - Adjournment
# COURSE REGISTRATION FORM

*Note: Credentials will appear on your contact hours certificate exactly as entered below.*

## Name/Credentials

<table>
<thead>
<tr>
<th>Name</th>
<th>Credentials</th>
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## Address

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<thead>
<tr>
<th>Line 1</th>
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<th>City, State, Zip</th>
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## E-Mail (Required)

**E-Mail:**

## Telephone (Work)

**Home:**

**Fax:**

## Concurrent Session Selection

**Day/Date** | **1st Choice** | **2nd Choice** | **3rd Choice** |
<table>
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<tr>
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<tbody>
<tr>
<td>Saturday, March 14</td>
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<tr>
<td>Sunday, March 15 – 1:00 pm</td>
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<td>Sunday, March 16 – 3:30 pm</td>
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<tr>
<td>Monday, March 17</td>
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I am planning on attending the opening reception on Friday, March 13, 2020 from 6:00 – 8:00 pm.

**Yes** | **No** |

I am planning to attend the Chairmen’s Reception and 2020 Game Night on Monday, March 16, 2020 from 6:30 – 8:30 pm.

**Yes** | **No** |

## Payment Options

- **Visa**
- **MasterCard**
- **American Express**

**Check or Money Order in U.S. funds payable to Hand Rehabilitation Foundation.**

<table>
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<tr>
<th>Credit Card Number</th>
<th>Exp. Date</th>
<th>Security Code</th>
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## Tax Deductible Donation

**Yes! I would like to make a tax deductible donation to Hand Rehabilitation Foundation.**

**$100** | **$50** | **$25** | **Other** |

## Cancellation Policy:

A full refund less a $75 cancellation fee will be issued if written notification is received by February 23, 2020. No refunds after February 23, 2020.

## Registration On-Site Only after February 23, 2020

<table>
<thead>
<tr>
<th>Pre-Conference Session</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Pediatric Upper Extremity Pre-Course - Friday, March 13, 2020</td>
<td>$375</td>
</tr>
<tr>
<td>Orthotic Fabrication Skill Building Workshop Pre-Course - Friday, March 13, 2020</td>
<td>$500</td>
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<table>
<thead>
<tr>
<th>Full Symposium Registration</th>
<th>Includes opening reception, general session, 1 concurrent session per day, lunch (no lunch Tuesday), and Chairmen’s Reception.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Allied Health Professional</strong></td>
<td><strong>$800</strong> (including $20 donation to HRF) / <strong>$780</strong> (without donation)</td>
</tr>
<tr>
<td><strong>Surgeon/Physician</strong></td>
<td><strong>$900</strong> (including $20 donation to HRF) / <strong>$880</strong> (without donation)</td>
</tr>
<tr>
<td><strong>Military</strong></td>
<td><strong>$675</strong> (proof of active service required)</td>
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| One-Day Symposium Registration | Includes continental breakfast, general session, 1 concurrent session for each day registered and lunch (no lunch Tuesday). |

Note: Full Symposium registration may not be split or shared between participants. For partial attendance, each participant must register using the per diem rates below. Contact hours will be adjusted accordingly.

## Registration and Contact Information

<table>
<thead>
<tr>
<th>Hand Rehabilitation Foundation</th>
<th>Phone</th>
<th>Fax</th>
<th>E-mail</th>
</tr>
</thead>
<tbody>
<tr>
<td>120 Huntingdon Pike, Suite 100</td>
<td>610.768.5958</td>
<td>610.768.8887</td>
<td><a href="mailto:hrf@handfoundation.org">hrf@handfoundation.org</a></td>
</tr>
</tbody>
</table>

Please complete form and mail or fax to:

**Hand Rehabilitation Foundation**

120 Huntingdon Pike, Suite 100

Rockledge, PA 19046

Register online at www.handfoundation.org
Symposium Faculty
Education: 9:00 AM
Lunch: 12:00 PM
Education: 1:00 PM
Closing Session: 5:00 PM

Room Rate: $199.00/night
Philadelphia MEETING AND HOTEL INFORMATION

CONCLUDING EDUCATION
Continuation Education: 26.5 contact hours for partial attendance.

Lodging: All meeting attendees are advised to make their own arrangements for lodging. The
Philadelphia Marriott Convention Center is the official conference hotel.

Hand Rehabilitation Foundation group when calling the

Reservations Center at 866-716-8134

or

https://bit.ly/31Y9rEv

Note: This meeting is being held at the

Philadelphia Marriott Convention Center
2100 Market St.
Philadelphia, PA 19103

REFUND POLICIES: Requests for refunds, excluding materials and refreshments, will be accepted through April 2, 2020.

ATTENDANCE: Full registration fee is required to attend the Symposium. Partial refunds for unforeseen circumstances will be honored only if written notice is received by April 2, 2020.

EXHIBIT OPPORTUNITIES:).

ATTENDANCE: All persons attending the educational program(s) may review the delegate roster for information about other registrants. The program does not permit anyone to present a product, therapy or device during the education sessions without being a зарегистриated delegate. All individuals attending the educational program must register and sign the delegate roster. All individuals must be registered to attend the Symposium. All individuals attending the Symposium must register in advance or arrive by 11:00 am on the day of the Symposium. All individuals attending the Symposium must have a Symposium badge. All Symposium badges must be worn at all times during the Symposium. No badged individual will be admitted without badge attendance. All registrants are required to register in advance or arrive by 11:00 am on the day of the Symposium. All Symposium badges must be worn at all times during the Symposium. No badged individual will be admitted without badge attendance. All registrants are required to register in advance or arrive by 11:00 am on the day of the Symposium. All Symposium badges must be worn at all times during the Symposium. No badged individual will be admitted without badge attendance.
Surgery and Rehabilitation of the Hand
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Two Pre-Course Choices – Friday March 13, 2020:
Orthotic Fabrication Skill Building Workshop
Pediatric Upper Extremity for Surgeons & Therapists