

# 2022 PHILADELPHIA MEETING

## Surgery and Rehabilitation of the Hand and Upper Extremity The Renaissance of the Wrist



Sponsored By

### HAND REHABILITATION FOUNDATION | MARCH 5-8, 2022

#### HONORED PROFESSORS

Tracy Fairplay, LPT, FT  
Andrea Atzei, MD  
Ruby Gewal, MD, MSc  
Guillaume Herzberg, MD, PhD  
Jorge L. Orbay, MD  
Jeffrey Yao, MD

Supported By:



Jefferson Health System

#### CHAIRPERSONS

Lauren M. DeTullio, OTR/L, CHT  
Jenifer M. Haines, MS, OTR/L, CHT  
Terri M. Skirven, OTR/L, CHT  
A. Lee Osterman, MD

#### TWO PRE-COURSE CHOICES FRIDAY MARCH 4, 2022:

*Pediatric Upper Extremity for Surgeons & Therapists*

##### COURSE DIRECTORS:

Joshua M. Abzug, MD  
Scott H. Kozin, MD  
Dan A. Zlotolow, MD

*Orthotic Fabrication Skill Building Workshop*

##### COURSE FACULTY:

Lauren J. O'Donnell, OTR/L, CHT  
Terri M. Skirven, OTR/L, CHT

# 2022 PHILADELPHIA MEETING

## Surgery and Rehabilitation of the Hand and Upper Extremity The Renaissance of the Wrist

The Philadelphia Hand Rehabilitation Foundation is proud to present the **47th Annual Symposium, Surgery and Rehabilitation of the Hand and Upper Extremity: The Renaissance of the Wrist**. The 2022 program will provide evidence informed practice in the care of upper extremity injuries and conditions, presented by a distinguished faculty of surgeons and therapists. Laboratory sessions, panel discussions, hands-on workshops and orthotic fabrication labs will complement the general didactic sessions.

**Target Audience:** Hand Therapists, Occupational and Physical Therapists, Athletic Trainers, Rehabilitation Nurses, Hand, Orthopedic, Plastic and General Surgeons, Psychiatrists, Fellows, Residents and Students.

### SATURDAY MARCH 5, 2022

6:30 am Registration/Continental Breakfast

8:00 am Welcome & Introductions  
*Terri M. Skirven, OTR/L, CHT*  
*Meredith N. Osterman, MD*  
*Lauren M. DeTullio, OTR/L, CHT*

### WRIST FUNDAMENTALS

**Moderators:** Jeffrey Yao, MD/Lauren M. DeTullio, OTR/L, CHT

8:15 am Overview of Wrist Injuries  
*Jeffrey Yao, MD*

8:30 am Wrist Anatomy  
*David Ebaugh, PT, PhD, OCS*

8:50 am Practical Biomechanics of the Normal Wrist  
*Peter J. Stern, MD*

9:10 am Radiographic Evaluation and Features of the Normal Wrist  
*Sidney M. Jacoby, MD*

9:30 am Clinical Examination of the Wrist  
*Jenifer M. Haines, MS, OTR/L, CHT*

9:50 am Outcome Measures for Wrist Conditions  
*Joy C. MacDermid, BScPT, PhD*

10:10 am Coffee Break and Exhibits

### DISTAL RADIUS FRACTURES

**Moderator:** Jorge L. Orbay, MD

10:40 am Classification and Management of Distal Radius Fractures  
*Jesse B. Jupiter, MD*

11:00 am Plates and Tendon Rupture  
*Jorge L. Orbay, MD*

11:20 am Rehabilitation Following Distal Radius Fracture  
*Sheri B. Feldscher, OTR/L, CHT*

11:40 am Forearm Rotation Limitations Following Distal Radius Fractures  
*Emily Altman, PT, DPT, CHT, OCS, CLT*

12:00 pm Case Presentation – Distal Radius Fracture Case  
**Moderator:** Jorge L. Orbay, MD  
**Surgeon:** Matthew S. Wilson, MD  
**Therapist:** Gayle Severance, MS, OTR/L, CHT

12:15 pm Key Points – Thomas J. Gillon, MD

12:30 pm Lunch and Exhibits

### CARPAL FRACTURES AND DISLOCATIONS

**Moderator:** Ruby Grewal, MD, MSc

1:30 pm Overview of Carpal Fractures and Dislocations  
*Peter J. Stern MD*

1:50 pm Management of Scaphoid Fractures and Non-Unions  
*Ruby Grewal MD, MSc*

2:10 pm Rehabilitation Following Carpal Fractures: Healing Timetables and Guidelines  
*Lauren M. DeTullio, OTR/L, CHT*

2:30 pm Management of the Stiff Wrist  
*Gary Solomon, MBA, MS, OTR/L, CHT*

2:45 pm Case Presentation – Carpal Fracture/Dislocation Case  
**Moderator:** Richard J. Tosti, MD  
**Surgeon:** Andrew J. Miller, MD  
**Therapist:** Teri Speakman, OTR/L, CHT

3:00 pm Break and Exhibits

3:30 pm Concurrent Sessions 1-10

Please see [www.HandFoundation.org](http://www.HandFoundation.org) for concurrent session descriptions. Indicate 3 choices for this session, in order of preference, on the registration form. Concurrent sessions are assigned in order of preference and availability.

- 1. Orthosis Fabrication: Static Progressive Wrist Extension**  
*Moderator: Gary Solomon, MBA, MS, OTR/L, CHT*
- 2. Orthosis Fabrication; Creative Solutions for PIP Flexion Contracture and Swan Neck Deformities**  
*Moderator: Lauren J. O'Donnell, OTR/L, CHT*
- 3. Wound Care and Scar Management of the Burned Hand**  
*Panel: Jonathan Niszczyk, MS, OTR/L, BT-C*  
*Adam B. Strohl, MD*
- 4. Surgical Procedures and Post-Operative Rehabilitation: Humeral Fractures and Elbow Contractures**  
*Panel: Thomas J. Gillon, MD;*  
*Arianna Belles, OTD, CHT*
- 5. Edema Measurement and Management**  
*Sheri B. Feldscher, OTR/L, CHT*  
*Norah Malkinski, OTR/L, CHT, CLT*
- 6. Flexor Tendon Injuries: Surgical Procedures and Post-Operative Rehabilitation**  
*Panel: Karen M. Pettengill, MS, OTR/L, CHT*  
*Gayle Severance, MS, OTR/L, CHT*  
*Richard J. Tosti, MD*
- 7. Hand Therapy Certification Commission**  
*J. Martin Walsh, OTR/L CHT*
- 8. Surgical Procedures and Post-Operative Rehabilitation: Nerve Palsy Reconstruction**  
*Lorna Kahn, BSPT, CHT*  
*Leonid I. Katolik, MD*  
*Andrew J. Miller, MD*  
*Marie G. Sayers, OTR/L, CHT*
- 9. Hand Assessment: Where is the Evidence?**  
*Elaine E. Fess, OTD, MS, OTR, FAOTA, CHT*  
*Tarre Ferrell, MS, OTR/L, CHT*
- 10. A Focus on Clinical Reasoning with Elbow Conditions**  
*Jane M. Fedorczyk, PT, PhD, CHT*  
*Kenneth A. Kearns, MD*

5:30 pm Saturday Sessions End

## SUNDAY MARCH 6, 2022

6:30 am Continental Breakfast

### CARPAL INSTABILITY

Moderator: Eon K. Shin, MD

- 8:00 am Classification, Pathomechanics and Radiographic Features of the Unstable Wrist  
*Eon K. Shin, MD*
- 8:20 am Overview of Wrist Neuroproprioceptive Rehabilitation  
*Tracy Fairplay, LPT, FT*
- 8:40 am Sensorimotor Rehabilitation Paradigms for Wrist Instabilities  
*Christos Karagiannopoulos, MPT, PhD, ATC, CHT*
- 9:00 am Spectrum (Stages) of Scapho-Lunate Ligament Injuries from Sprain to SLAC Wrist  
*Scott W. Wolfe, MD*
- 9:20 am Techniques for Surgical Management for SL Ligament Injury According to Clinical Stage and Findings  
*Andrea Atzei, MD*
- 9:40 am Conservative & Postoperative Therapy for Scapholunate Ligament Injury According to Clinical Stage and Surgical Procedure  
*Tracy Fairplay, LPT, FT*
- 10:10 am Break and Exhibits

### CARPAL INSTABILITY (CONTINUED)

Moderator: Terri M. Skirven, OTR/L, CHT

- 10:40 am Dart Throwers Motion: Biomechanics and Clinical Implementation  
*Aviva Wolff, EdD, OT, CHT*
- 11:00 am Neuromuscular Training Specificity for SL Instability  
*Christos Karagiannopoulos, MPT, PhD, ATC, CHT*
- 11:25 Case Presentation: S-L Ligament  
Moderator: *David S. Zelouf, MD*  
Surgeon: *Andrea Atzei, MD*  
Therapist: *Tracy Fairplay, LPT, FT*

## MONDAY MARCH 7, 2022

6:30 am Continental Breakfast

### THE ULNAR WRIST

Moderator: Guillaume Herzberg MD, PhD

- 8:00 am The Ulnar Wrist: Anatomy, Biomechanics and Clinical Applications  
*Emily Altman, PT, DPT, CHT, OCS, CLT*
- 8:20 am The Four Leaf Clover Treatment Algorithm: A Practical Approach for Ulnar Wrist Conditions  
*Sanjeev Kakar, MD*
- 8:40 am Ulnar Extrinsic Ligament Tears: Diagnosis and Management  
*A. Lee Osterman, MD*
- 9:00 am Surgical Management for Ulnar Sided Wrist Disorders  
*Guillaume Herzberg MD, PhD*

11:45 am Key Points – Carpal Instability  
*Andrew J. Miller, MD*

12:00 pm Lunch and Exhibits

1:00 pm Concurrent Sessions 11a-20a

Please see [www.HandFoundation.org](http://www.HandFoundation.org) for concurrent session descriptions. Indicate 3 choices for this session, in order of preference, on the registration form. Concurrent sessions are assigned in order of preference and availability.

- |   |   |
|---|---|
| <p>11. Orthosis Fabrication: Relative Motion Orthosis<br/>Moderator: <i>Julianne W. Howell, PT, MS, CHT</i></p> <p>12. Clinical Examination of the Shoulder<br/><i>Martin J. Kelley, PT, DPT, OCS</i><br/><i>Brian G. Leggin, PT, DPT, OCS</i></p> <p>13. Clinical Examination of the Wrist:<br/>Moderator: <i>Terri M. Skirven, OTR/L, CHT</i></p> <p>14. Clinical Examination of the Elbow<br/>Moderators: <i>Marianne Dunphy, OTR/L, CHT</i><br/><i>Jenifer M. Haines, MS, OTR/L, CHT</i></p> <p>15. Taping Techniques for the Upper Extremity: Evidence Informed Practice<br/>Moderators: <i>Matthew Conoscenti, PT, DPT, OCS, COMT, CEEAA</i><br/><i>Mary F. Loughlin, OTR/L, CHT</i></p> <p>16. Joint Mobilization of the Elbow, Wrist, and Hand<br/>Moderator: <i>Emily Altman, PT, DPT, CHT</i></p> | <p>17. A. Neurodynamic Examination of the Upper Limb<br/>B. Neurodynamic Treatment of the Upper Limb<br/>Moderator: <i>Mark T. Walsh, PT, DPT, MS, CHT</i><br/><i>Lauren M. DeTullio, OTR/L, CHT</i><br/><i>Deborah K. Reich, PT, DPT, CHT</i><br/><i>Participants must register for both:<br/>a) 1:00-3:00pm and b) 3:30-5:30pm</i></p> <p>18. Nerve Anatomy of the Upper Extremity and Entrapment Points: An Interactive Lab<br/>Panel: <i>David Ebaugh, PT, PhD, OCS</i><br/><i>David Hutchinson, PT, DSc, MS, ECS</i><br/><i>Lorna Kahn, BSPT, CHT</i><br/><i>Teresa M. Zapotochny, PT, CHT</i></p> <p>19. Manual Therapy for the Shoulder<br/>Moderator: <i>Thomas Kane, PT, DPT</i><br/><i>Christopher Keating, PT, DPT, OCS, FAAOMPT</i></p> <p>20. Management of Mallet, Swan Neck and Boutonniere Deformities<br/>Panel: <i>Jennifer Kitchen, MS, OTR/L, CHT</i><br/><i>Praveen G. Murthy, MD</i><br/><i>Marie G. Sayers, OTR/L, CHT</i></p> |
|---|---|

3:00 pm Break and Exhibits

3:30 pm Concurrent Sessions 11b-20b (repeated)  
*Please refer to the previous instructions*

5:30 pm Sunday Sessions End

9:20 am Postoperative Management and Therapy for Ulnar Wrist Conditions  
*Karen M. Pettengill, MS, OTR/L, CHT*

9:40 am Case Presentation – TFCC/Ulnar Wrist Case  
Moderator: *Praveen G. Murthy, MD*  
Surgeon: *Patrick M. Kane, MD*  
Therapist: *Lauren M. DeTullio, OTR/L, CHT*

10:00 am Coffee Break and Exhibits

### MUSCULOSKELETAL CONDITIONS IN MUSICIANS, ATHLETES AND WORKERS

Moderator: Aviva L. Wolff, EdD, OT, CHT

- 10:30 am Assessment, Prevention and Management of Musculoskeletal Injuries in Musicians: A Musician Centered Approach  
*Aviva Wolff, EdD, OT, CHT*
- 10:50 am Return to Play After Injury – A Musician's Perspective  
*Lucia M. Denk, M.M., M.A.*

- 11:10 am Task Specific Dystonia  
*Nancy N. Byl, PT, PhD, MPH, FAPTA*
- 11:30 am Lateral Epicondylitis – Current Concepts for Conservative Management  
*Jane M. Fedorczyk, PT, PhD, CHT*
- 11:50 am Computer Work Station Ergonomics  
*Susan A. Emerson, MEd, OTR, CHT, CEES*
- 12:10 pm Pain Management Strategies  
*Susan W. Stralka, PT, DPT, MS, ACHE*
- 12:30 pm Lunch and Exhibits

## NERVE CONDITIONS ABOUT THE WRIST

*Moderator: Jane M. Fedorczyk, PT, PhD, CHT*

- 1:30 pm Diagnosis and Surgical Management of Nerve Conditions about the Wrist  
*Adam B. Strohl MD*
- 1:50 pm Electro-Diagnostic Evaluation of Suspected Nerve Conditions about the Wrist  
*David Hutchinson, PT, DSc, MS, ECS*
- 2:10 pm Conservative Management for Nerve Conditions about the Wrist  
*Mark T. Walsh, PT, DPT, MS, CHT*
- 2:30 pm Postoperative Therapy Following Surgery for Nerve Conditions about the Wrist  
*Lorna Kahn, BSPT, CHT*
- 2:50 pm Key Points – Nerve Conditions about the Wrist  
*Rowena McBeath, MD, PhD*
- 3:00 pm Break and Exhibits

## 3:30 pm Concurrent Sessions 21-29

Please see [www.HandFoundation.org](http://www.HandFoundation.org) for concurrent session descriptions. Indicate 3 choices for this session, in order of preference, on the registration form. Concurrent sessions are assigned in order of preference and availability.

- |  |  |
|--|--|
| <p>21. Orthosis Fabrication: DRUJ Contracture Correction<br/><i>Moderator: David M. Wolfe, OTR/L, CHT</i></p> <p>22. Functional Capacity Evaluation and Physical Capacity Evaluation<br/><i>Susan A. Emerson, MEd, OTR, CHT, CEES</i></p> <p>23. Graded Motor Imagery<br/><i>Susan W. Stralka, PT, DPT, MS, ACHE</i></p> <p>24. Therapy Practice Management<br/><i>Gary Solomon, MBA, MS, OTR/L, CHT</i><br/><i>Terri L. Wolfe, OTR/L, CHT</i></p> <p>25. Neuroproprioceptive Rehabilitation of the Wrist<br/><i>Moderator: Aviva Wolff, EdD, OT, CHT</i><br/><i>Tracy Fairplay, LPT, FT</i><br/><i>Aviva Wolff, EdD, OT, CHT</i></p> <p>26. Design and Interpretation of Outcome Studies<br/><i>Joy C. MacDermid, BScPT, PhD</i><br/><i>Ruby Greywal, MD, MSc</i></p> | <p>27. A Kinetic Chain Approach to Rehabilitation of the Overhead Athlete<br/><i>Moderator: Angela Tate, PT, PhD, CertMDT</i><br/><i>Brian J. Eckenrode, PT, DPT, MS, OCS</i><br/><i>Brian G. Leggin, PT, DPT, OCS</i></p> <p>28. TMR and StarFish Procedures and Rehabilitation<br/><i>Panel: Lauren M. DeTullio, OTR/L, CHT</i><br/><i>Norah Malkinski, MS, OTR/L, CHT</i><br/><i>Adam B. Strohl, MD</i><br/><i>Matthew S. Wilson, MD</i></p> <p>29. Soft Tissue Mobilization Techniques<br/><i>Matthew Conoscenti, PT, DPT, OCS, COMT, CEEAA;</i></p> |
|--|--|

## 5:30 pm Monday Sessions End

## TUESDAY MARCH 8, 2022

### ARTHRITIC WRIST CONDITIONS

*Moderator: Terri L. Wolfe, OTR/L, CHT*

- 8:00 am SLAC Wrist  
*Meredith N. Osterman, MD*
- 8:20 am Rehabilitation Following Salvage Procedures for the Wrist: PRC, 4 Corner Fusion  
*Gary Solomon, MS, OTR/L, CHT*
- 8:40 am The Rheumatoid Wrist: Clinical Features and Surgical Management  
*Randall W. Culp, MD*
- 9:00 am Conservative and Postoperative Therapy Following Surgery for the Rheumatoid Wrist  
*Terri L. Wolfe, OTR/L, CHT*
- 9:20 am Case Presentation: Arthritic Wrist Conditions  
*Moderator: Mark S. Rekant, MD*  
*Surgeon: Stephanie Sweet, MD*  
*Therapist: Brittany Sampson, OTR/L, CHT*  
Q & A
- 9:40 am Key Points  
*Sheri B. Feldscher, OTR/L, CHT*
- 10:00 am Break

### SOFT TISSUE CONDITIONS

*Moderator: Terri M. Skirven, OTR/L, CHT*

- 10:15 am Wrist Ganglions  
*Stephanie Sweet, MD*
- 10:35 am Tendon Conditions about the Wrist  
*Leonid I. Katolik, MD*
- 10:55 am Conservative and Postoperative Management for Wrist Tendinopathies  
*Marie Sayers, OTR/L, CHT*
- 11:15 am The Injured Worker: On-site Evaluation and Services  
*Susan A. Emerson, MEd, OTR, CHT, CEES*
- 11:35 am Effects of Pain and Exercise on Muscle Force and Neural Activation Related to the Rotator Cuff  
*Philip J. McClure, PT, PhD*
- 11:45 am Key Points  
*Norah Malkinski, OTR/L, CHT, CLT*
- 12:00 pm ADJOURN

# PRE-COURSE: ORTHOTIC FABRICATION SKILL BUILDING WORKSHOP

## FRIDAY, MARCH 4, 2022, 7:30 AM–5:00 PM

**Faculty:** *Lauren J. O'Donnell, OTR/L, CHT*  
*Terri M. Skirven, OTR/L, CHT*

**Description:** This full day program includes demonstration and participant fabrication of 5 specialized orthosis designs for the upper extremity including the following: Long arm orthosis; Anti-spasticity orthosis; Relative Motion Orthoses; Wire 3-point PIPJ Extension orthosis; Hand based static progressive PIPJ flexion orthosis; Mid-carpal Instability orthosis.

The faculty will provide a short didactic session reviewing principles and rationale for the orthoses presented. Handouts with detailed descriptions of orthosis fabrication will be provided. Participants should be at the intermediate level.

Registration is \$500 and includes all splinting materials. Space is limited and offered on a first come, first served basis. Workshop registration is non-refundable. Lunch will be provided.

Continuing education certificates will be issued for **8 contact hours**.

# PEDIATRIC UPPER EXTREMITY PRE-COURSE FOR SURGEONS & THERAPISTS

## FRIDAY MARCH 4, 2022 | DOUBLETREE BY HILTON HOTEL, CENTER CITY PHILADELPHIA

7:30 am Welcome

*Joshua M. Abzug, MD,*  
*Scott H. Kozin, MD,*  
*Dan A. Zlotolow, MD*

### CONGENITAL WRIST CONDITIONS

Moderator: Roger Cornwall, MD

7:40 am Arthrogyrosis – Wrist  
*Dan A. Zlotolow, MD*

7:50 am Occupational Therapy  
*Justine LaPierre, MS, OTR/L, CHT*

8:00 am Radial Longitudinal Deficiency  
– Centralization, Ulnarization,  
Radialization  
*Roger Cornwall, MD*

8:15 am Occupational Therapy  
*Jenny Dorich*

8:25 am Madelung's  
*Theresa O. Wyrick, MD*

8:35 am Prostheses – Transverse  
Deficiencies, Symbrachydactyly  
*Jaclyn Miley, MS, OTR/L*

8:45 am Case Presentations:  
Congenital Potpourri  
*Roger Cornwall, MD*

9:15 am **Coffee Break**

### FRACTURES

Moderator: Joshua M. Abzug, MD

9:45 am Distal Radius Fractures  
*Joshua M. Abzug, MD*

9:55 am Distal Radius Growth Arrest  
*Theresa O. Wyrick, MD*

10:05 am Distal Radius Malunions  
*Kevin J. Little, MD*

10:15 am Acute Scaphoid Fractures  
*Andrea S. Bauer, MD*

10:25 am Scaphoid Non-Unions  
*Dan A. Zlotolow, MD*

10:35 am Occupational Therapy  
*Nicole Bickhart, OT, CHT*

10:45 am Case Presentations  
*Joshua M. Abzug, MD*

### POTPOURI

Moderator: Kevin J. Little, MD

11:15 am Kienbock's  
*Theresa O. Wyrick, MD*

11:25 am DRUJ Instability  
*Kevin Little, MD*

11:35 am Common Tumors About the Wrist  
*Roger Cornwall, MD*

11:45 am MHE Affecting the Wrist  
*Andrea S. Bauer, MD*

11:55 am Case Presentations  
*Kevin Little, MD*

12:00 pm **Lunch**

### TENDON TRANSFERS

Moderator: Dan A. Zlotolow, MD

1:00 pm Tendon Transfers and Nerve  
Degeneration About the Wrist  
for CP/Spasticity  
*Dan A. Zlotolow, MD*

1:15 pm Occupational Therapy for Children  
with CP  
*Jenny Dorich, MBA, OTR/L, CHT*

1:25 pm Wrist/Hand Tendon Transfers for  
Tetraplegia  
*Scott H. Kozin, MD*

1:35 pm Occupational Therapy for  
Tetraplegia  
*Sarah Ashworth, OT, CHT*

### FREE TISSUE TRANSFER

Moderator: Scott H. Kozin, MD

1:45 pm Soft Tissue Transfer for Skin  
Defects  
*Francisco del Piñal, MD*

1:55 pm Role of OATS  
*Andrea S. Bauer, MD*

2:05 pm Treatment of Volkmann's  
*Scott H. Kozin, MD*

2:15 pm Occupational Therapy for  
Volkmann's  
*Sarah Ashworth, OT, CHT*

2:25 pm Cases

*Francisco del Piñal, MD*

2:45 pm **Coffee Break**

### SPORTS INJURIES

Moderator: Michael Hayton, MD

3:15 pm The Role of Arthroscopy in  
Children/Adolescents  
*PC Ho, MD*

3:25 pm SL Injuries  
*Michael Hayton, MD*

3:35 pm TFCC Injuries  
*PC Ho, MD*

3:45 pm Gymnast Wrist  
*Joshua M. Abzug, MD*

3:55 pm Occupational Therapy  
*Heather Weesner, CHT*

4:05 pm Case Examples  
*Michael Hayton, MD*

### BRACHIAL PLEXUS BIRTH PALSY RECONSTRUCTIVE SURGERY

Moderator: Scott H. Kozin, MD

4:15 pm Assessment of the Wrist in  
BPBP – Knowing when to do  
Nothing, Utilization of Wrist  
Flexion for Tasks  
*Scott H. Kozin, MD*

4:25 pm Wrist Procedures for BPBP –  
Tendon Transfers, Fusion to  
Gain Tendons, etc.  
*Roger Cornwall, MD*

4:35 pm Occupational Therapy  
*Jenny Dorich*

4:45 pm Case Presentations  
*Scott H. Kozin, MD*

5:00 pm **Adjourn**

# COURSE REGISTRATION FORM

Name/Credentials will appear on your contact hours certificate exactly as entered below.

Name \_\_\_\_\_ Credentials \_\_\_\_\_

Address \_\_\_\_\_ City, State, Zip \_\_\_\_\_

E-Mail (Required) \_\_\_\_\_

Telephone (Work) \_\_\_\_\_ (Home) \_\_\_\_\_ (Fax) \_\_\_\_\_

Concurrent Session Selection	Day/Date	1 <sup>st</sup> Choice	2 <sup>nd</sup> Choice	3 <sup>rd</sup> Choice
See <a href="http://www.HandFoundation.org">www.HandFoundation.org</a> for concurrent session descriptions. For each day, please write the session number of your first, second and third choices in order of preference. Space is limited. Sessions are assigned in order of preference and availability on a first come, first served basis.	Saturday, March 5 (Sessions 1-10)			
	Sunday, March 6 – 1:00 pm (Sessions 11-20)			
	Sunday, March 6 – 3:30 pm (Sessions 11-20)			
	Monday, March 7 (Sessions 21-30)			

## IN-PERSON REGISTRATION IS LIMITED TO 600. NO ON-SITE REGISTRATION WILL BE PERMITTED.

Please do not travel to attend in-person without confirmation of registration. You will not be permitted to attend.


PRE-CONFERENCE SESSIONS	Amount				
Pediatric Upper Extremity Pre-Course - Friday, March 4, 2022	\$375				
Orthotic Fabrication Skill Building Workshop Pre-Course - Friday, March 4, 2022	\$500				
<b>Full Symposium Registration</b> <i>Includes opening reception, general session, 1 concurrent session per day, course materials, continental breakfast daily, lunch (no lunch Tuesday), and Chairmen's Reception.</i>					
Allied Health Professional	\$780				
Surgeon/Physician <i>(including \$20 donation to HRF)</i>	\$880				
Military <i>(proof of active service required)</i>	\$675				
<b>One-Day Symposium Registration</b> <i>Includes continental breakfast, general session, concurrent session for each day registered and lunch (no lunch Tuesday).</i>					
<b>Note:</b> Full Symposium registration may not be split or shared between participants. For partial attendance, each participant must register using the per diem rates below. Contact hours will be adjusted accordingly.					
	Saturday	Sunday	Monday	Tuesday	
Allied Health Professional	\$295	\$295	\$295	\$125	
Surgeon/Physician	\$350	\$350	\$350	\$150	
Late Registration: Add \$50 to all on site registrations after midnight, Feb. 19, 2022. No registrations will be accepted after Feb. 26, 2022.					
Yes! I would like to make a tax deductible donation to Hand Rehabilitation Foundation. <input type="checkbox"/> \$100 <input type="checkbox"/> \$50 <input type="checkbox"/> \$25 <input type="checkbox"/> Other \$_____					
					<b>TOTAL</b>
<b>Cancellation Policy:</b> A full refund less a \$75 cancellation fee will be issued if written notification is received by February 19, 2022. <b>No refunds after February 19, 2022.</b>					

I am planning on attending the opening reception on Friday, March 4, 2022 from 6:00 – 8:00 pm.  Yes  No

I am planning to attend the Chairmen's Reception and 2022 Game Night on Monday, March 7, 2022 from 6:30 – 8:30 pm.  Yes  No

Check or Money Order in U.S. funds payable to Hand Rehabilitation Foundation.

Credit Card Registrations please register online at [www.handfoundation.org/symposia](http://www.handfoundation.org/symposia)

 Please indicate if you have any need for auxiliary aids or special assistance services.

**Please complete form and mail with payment to:**

Hand Rehabilitation Foundation  
120 Huntingdon Pike, Suite 100  
Rockledge, PA 19046

**Hand Rehabilitation Foundation  
Contact Information**

Phone 610.768.5958  
Fax 610.768.8887  
hrf@handfoundation.org



**Virtual Syllabus 2022**  
Watch your email for details!  
There will be NO syllabus book.

**Register Online at [www.HandFoundation.org](http://www.HandFoundation.org)**

## Symposium Faculty

Emily Altman, PT, DPT, CHT, OCS, CLT  
New York, NY

Andrea Atzei, MD  
Treviso, Italy

Nancy N. Byl, PT, PhD, MPH, FAPTA  
San Francisco, CA

Randall W. Culp, MD  
Wilkes-Barre, PA

Lucia M. Denk, M.M., M.A.  
Brick, NJ

Lauren M. DeTullio, OTR/L, CHT  
King of Prussia, PA

David Ebaugh, PT, PhD, OCS  
Philadelphia, PA

Susan A. Emerson, MEd, OTR,  
CHT, CEES  
York, ME

Tracy Fairplay, LPT, FT  
Treviso, Italy

Jane M. Fedorczyk, PT, PhD, CHT  
Philadelphia, PA

Sheri B. Feldscher, OTR/L, CHT  
Philadelphia, PA

Elaine E. Fess, OTD, MS, OTR,  
FAOTA, CHT  
Zionsville, IN

Thomas J. Gillon, MD  
King of Prussia, PA

Ruby Grewal, MD, MSc  
Ontario, Canada

Jenifer M. Haines, MS, OTR/L, CHT  
Wynnewood, PA

Guillaume Herzberg MD, PhD  
Lyon, France

Julianne W. Howell PT, MS, CHT  
Saint Joseph, MI

David Hutchinson, PT, DSc, MS, ECS  
King of Prussia, PA

Sidney M. Jacoby, MD  
King of Prussia, PA

Jesse B. Jupiter, MD  
Boston, MA

Lorna Kahn, BSPT, CHT  
St. Louis, MO

Sanjeev Kakar, MD  
Rochester, MN

Patrick M. Kane, MD  
Philadelphia, PA

Christos Karagiannopoulos, MPT,  
PhD, ATC, CHT  
Chalfont, PA

Leonid I. Katolik, MD  
King of Prussia, PA

Kenneth A. Kearns, MD  
King of Prussia, PA

Martin J. Kelley, PT, DPT, OCS  
Philadelphia, PA

Brian G. Leggin, PT, DPT, OCS  
Philadelphia, PA

Joy C. MacDermid, BScPT, PhD  
London, Ontario, Canada

Norah Malkinski, OTR/L, CHT, CLT  
Philadelphia, PA

Rowena McBeath, MD, PhD  
Langhorne, PA

Philip J. McClure, PT, PhD  
Glenside, PA

Andrew J. Miller, MD  
Cherry Hill, NJ

Praveen G. Murthy, MD  
Philadelphia, PA

Jorge L. Orbay, MD  
Miami, FL

A. Lee Osterman, MD  
King of Prussia, PA

Meredith N. Osterman, MD  
King of Prussia, PA

Karen M. Pettengill, MS, OTR/L, CHT  
Greenfield, MA

Mark S. Rekant, MD  
Cherry Hill, NJ

Brittany Sampson, OTR/L, CHT  
King of Prussia, PA

Marie Sayers, OTR/L, CHT  
Lansdale, PA

Gayle Severance, MS, OTR/L, CHT  
Philadelphia, PA

Eon K. Shin, MD  
Langhorne, PA

Terri M. Skirven, OTR/L, CHT  
King of Prussia, PA

Gary Solomon, MBA, MS, OTR/L, CHT  
Arlington Heights, IL

Teri Speakman, OTR/L, CHT  
Glen Mills, PA

Peter J. Stern MD  
Cincinnati, OH

Susan W. Stralka, PT, DPT, MS, ACHE  
Germantown, TN

Adam B. Strohl MD  
Philadelphia, PA

Stephanie Sweet, MD  
King of Prussia, PA

Richard J. Tosti, MD  
Philadelphia, PA

J. Martin Walsh, OTR/L, CHT  
Sacramento, CA

Mark T. Walsh, PT, DPT, MS, CHT  
Somers Point, NJ

Matthew S. Wilson, MD  
Philadelphia, PA

Scott W. Wolfe, MD  
New York, NY

Terri L. Wolfe, OTR/L, CHT  
Erie, PA

Aviva Wolff, EdD, OT, CHT  
New York, NY

Jeffrey Yao, MD  
Redwood City, CA

David S. Zelouf, MD  
King of Prussia, PA

## Philadelphia Hand to Shoulder Center Adjunct Faculty

Matthew Conoscenti, PT, DPT, OCS,  
COMT, CEEAA

Marianne Dunphy, OTR/L, CHT

Tarre Ferrell, MS, OTR/L, CHT

Thomas Kane, PT, DPT

Christopher Keating, PT, DPT,  
OCS, FAAOMPT

Jennifer Kitchen, MS, OTR/L, CHT

Mary F. Loughlin, OTR/L, CHT

Jonathan Niszcak, MS, OTR/L, BT-C

Debby Reich, PT, DPT, CHT

Angela Tate, PT, PhD, CertMDT

David M. Wolfe, OTR/L, CHT

Teresa M. Zapotochny, PT, CHT

## Pediatric Pre-Course Faculty

Joshua M. Abzug, MD

Sarah Ashworth, OTR/L

Andrea S. Bauer, MD

Nicole Bickhart, OT, CHT

Roger Cornwall, MD

Francisco del Piñal, MD

Jenny Dorich, MBA, OTR/L, CHT

Michael J. Hayton, MD

PC Ho, MD

Scott A. Kozin, MD

Justine LaPierre, MS, OTR/L, CHT

Kevin J. Little, MD

Jaclyn Miley, MS, OTR/L

Heather Weesner, OT, CHT

Theresa O. Wyrick, MD

Dan A. Zlotolow, MD

## MEETING AND HOTEL INFORMATION

**Sheraton Philadelphia Downtown Hotel**  
201 N. 17th Street, Philadelphia, PA 19103  
Room Rate: \$205.00/night

*Deadline for reduced rates is February 1, 2022.*

### Hotel Reservations

Please identify yourself as part of the Hand Rehabilitation Foundation group when calling the Reservations Center at **866-716-8134** or **215-448-2000**.

## CONTINUING EDUCATION

Hand Rehabilitation Foundation designates this educational activity, Surgery and Rehabilitation of the Hand and Upper Extremity: The Renaissance of the Wrist, for a maximum of **26.25 contact hours**.

Partial attendance will earn prorated contact hours as follows:  
Saturday/Sunday/Monday **7.5 hours per day**, Tuesday **3.75 hours**.

## DISCLOSURE STATEMENT

All faculty participating in continuing education programs sponsored by the Hand Rehabilitation Foundation are expected to disclose to the program audience any real or apparent conflict of interest related to the content of their presentation(s). Full disclosure of relationships will be made at the program.



Hand Rehabilitation Foundation  
120 Huntingdon Pike, Suite 100  
Rockledge, PA 19046

---

## Surgery and Rehabilitation of the Hand and Upper Extremity

*The Renaissance of the Wrist*

---

March 5 – 8, 2022

Sheraton Philadelphia Downtown Hotel

**Two Pre-Course Choices – Friday March 4, 2022:**

Orthotic Fabrication Skill Building Workshop

Pediatric Upper Extremity for Surgeons & Therapists

## 2022 PHILADELPHIA MEETING

---

Surgery and Rehabilitation of the Hand and Upper Extremity  
The Renaissance of the Wrist

